The evidence is clear!

The more education you have, the more likely you are to:

• Live longer.
• Have better health.
• Stay employed.
• Enjoy your work.
• Change careers more easily.
• Earn more money.
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Greetings from the President

Dear Students,

Welcome to South Seattle Community College! We hope that you will find this handbook useful to you as you pursue your academic goals and dreams. This handbook provides you with "insider" tips, hints and suggestions from faculty, staff, and graduates to help you reach your goals.

Your own unique experiences and backgrounds enrich our college community.

A few hints that we've learned from successful students:

1. Use as many support services as possible (from Advising to the Writing Center).
2. Get to know your faculty, staff and fellow students.
3. Stay in touch with your advisor or counselor.
4. If you need a little extra help, don't wait. Talk with your instructor, check out the Tutoring Center, or visit the MAST (math and science tutoring).

As you start or continue your educational journey at South, remember that you can truly "Start Here, Go Anywhere".

With best wishes for your future.

Jill Wakefield
President
Dear Students at South,

For those of you new to South, the United Student Association welcomes you. For those returning, welcome back! We are members of a great institution, one that offers a vast array of clubs, activities, student resources, and academic programs, both vocational and academic. A typical day at South might include grabbing a latte at Bernie's Pastry Shop with a classmate from Japan, having lunch at Alhadeff Grill with a couple of friends from China and Somalia, playing ping-pong at Brockey Center with your instructor, taking some time for yourself to appreciate a beautiful painting at the Art Gallery or working on a class project with a sixteen year-old Running Start student, a fifty year old nurse from Pakistan, and an international student from Vietnam. The options available to you here are as diverse as our student body.

The United Student Association is the student government of South. As your representatives, we mirror the student body as a whole - ten of us from seven countries ranging from Running Start students to those of us preparing for a second or third career. We chose to join the United Student Association because we believe that getting involved enriches our college experience. We hope you will all share our passion and get involved in some of the many wonderful opportunities available to you.

We'll be here to voice your concerns, help make learning easier, and facilitate your success. Whether it's textbook prices, child care, transportation, or any of the many of the challenges ahead, we'll strive for improvement! As your advocates, we want to express the importance of communication. Please feel free to drop me an email or come see us at JMB 135. We're ready to work for you.

All the best in the upcoming academic year, and in life!

Sincerely,

William Khazaal
United Student Association President
JMB 135
Email: ssccusapresident@sccd.ctc.edu
South Seattle Community College is a constantly evolving educational community dedicated to providing quality learning experiences which prepare students to meet their goals for life and work.

The College values and promotes a close involvement with the community and strong partnerships with business, labor, and industry.

The College commits to serving the diverse needs of students in our communities by providing:

• College transfer programs and technical and professional programs which prepare students to succeed in their careers and further their education.

• Responsive technical and professional training developed in collaboration with business, labor, and industry.

• Student-centered and community-centered programs and services which value diversity, support learning, and promote student success.

• Lifelong learning opportunities for the cultural, social, professional and personal development of the members of our communities.
ABE, GED, ESL Office .......................................................... RSB
Academic Center ................................................................... UNI
Admissions ............................................................................ RSB
Alhadef Grill ........................................................................... CAB
APPLE Parenting ................................................................ RAH
Art Gallery .............................................................................. JMB
Art Labs ................................................................................... RSB
Assessment/Testing Office ..................................................... RSB
Beauty Center ........................................................................... CAS
Bernie’s Pastry Shop ................................................................ CAS
Bookstore .................................................................................. JMB
Business/Administrative Office .............................................. RSB
Café Aki .................................................................................... CAB
Career Link Academy ............................................................. RAH
Career Development Services ........................................... RSB
Cash Machine ............................................................................. JMB
Cashiers .................................................................................... RSB
Child Care Center .................................................................... CCC
CLIC ........................................................................................ RSB
College Transfer .................................................................... UNI
Computer Lab .............................................................................. LIB
Continuing Education ........................................................... OLY
Copy Center ................................................................................. LIB
Counseling & Advising ......................................................... RSB
Cultural Center ........................................................................ JMB
Development Office/SSCC Foundation ................................ RSB
Dining Rooms .............................................................................. CAB
Distance Learning .................................................................. LIB
Diversity & Retention Office ................................................ RSB
Eastern Washington University .......................................... UNI
Educational Support Services ............................................. RSB
Financial Aid .............................................................................. RSB
Fitness Center ............................................................................. MPB
Garden Center ............................................................................. LHO
General Studies ........................................................................ RSB
Heritage University ................................................................. UNI
Home & Family Life ................................................................ RAH
Human Resources ..................................................................... RSB
Information Desk ..................................................................... RSB
International Programs ........................................................ RSB
IT/Computer Services ........................................................... RSB
Liberal Studies ........................................................................... UNI
Library/Instructional Resource Center ................................ LIB
Little Theater ............................................................................. RAH
Lost & Found ............................................................................. JMB
Math Lab ..................................................................................... RSB
Media Labs ................................................................................ LIB
Meeting Rooms .......................................................................... JMB
Middle College High Schoo ................................................... RAH
Music Rooms/Labs ................................................................ RSB
Nursing ....................................................................................... RAH
Office of Instruction ............................................................. RSB
Pastry Lab ..................................................................................... PBA
President’s Board Room ..................................................... RSB
President’s Office ..................................................................... RSB
Professional/Technical Programs Office ............................ TEC
Public Information ................................................................. RSB
Registration/Admissions ..................................................... RSB
Security and Parking ........................................................... RSB
Student Government/Programs ......................................... JMB
Student Life .............................................................................. JMB
Student Newspaper ............................................................... JMB
Student Success Services .................................................. RSB
Teaching & Demonstration Kitchen .................................... CAB
Teaching & Learning Center ............................................... LIB
Tech Prep ................................................................................... TEC
Technology Center ............................................................... TEC
Tutor Center .............................................................................. RSB
T.V. Studio ................................................................................... LIB
Upward Bound ........................................................................ RAH
Veteran Services ...................................................................... RSB
VP of Instruction ................................................................ RSB
Worker Retraining/WorkFirst ................................................ RSB
WorkSource ............................................................................. RSB
Writing Center .......................................................................... RSB

For other campus facilities and departments visit www.southseattle.edu and click "Campus Directory."

Campus Buildings

ABR Automotive Collision Repair
AMT Aviation Maintenance
AUT Automotive Technology
AVT Classrooms/Composite Lab
CAB Culinary Arts
CAS Cascade Court
CCC Child Care Center & Preschool
FSA FSA T&D Kitchen, in CAB
HDM Heavy Duty Diesel
JMB Jerry Brockey Center
LHO Landscape Horticulture
LIB Library
MPB Class Rooms
MS1 Class Rooms
OLY Olympic Hall
PBA Pastry Lab
RBS Robert Smith Building
RAH Rainier Hall
TEC Technology Center
UNI University Center
WWB Wine Technology

(Northwest Wine Academy; Welding

Parking Permit Kiosk
Looking for campus officials but can't seem to find their contact information? Use the Seattle Colleges District Phonebook to look up faculty, exempt staff, administrators, and more. Direct your browser to [http://seattlecolleges.com/employeedirectory2.aspx](http://seattlecolleges.com/employeedirectory2.aspx).

**Programs of Study**
Academic Programs, 768-6600
Accounting, 764-5394
Adult Basic Education/ESL/GED, 764-5363
APPLE Parenting, 764-5801
Apprenticeship Training, 764-5350
Automotive Technology, 764-5391
Automotive Collision Repair, 764-5391
Aviation Maintenance Technology, 764-5373
Business Information Technology, 764-5394
Career Link Academy, 764-7946
Certified Nursing Assistant, 768-6889
College Preparatory, 768-6600
College Transfer/Liberal Studies, 768-6600
Commercial Driver Training Program, 764-5314
Computer-Aided Drafting & Design, 768-5394
Computing Technology, 764-5365
Continuing Education, 764-5393
Corrections Officer Training, 764-5835
Cosmetology Program, 764-5394
Culinary Arts, 764-5344
Diesel/Heavy Equipment, 764-5391
Eastern Washington University, (425) 564-5100
Engineering Technology, 768-6600
English as a Second Language (ESL), 764-5363
Flagging and Traffic Control Certification, 768-6877
General Education Development (GED), 764-5363
General Studies, 764-5363
Heritage University, 764-5367
Home & Family Life, 768-5802
Hospitality & Service Occupations, 764-5344
Internship Program, 764-7935
Industrial First Aid, 764-5350
International Student Programs, 764-5360
Licensed Practical Nurse, 768-6654
Landscape Horticulture, 764-5336
Liberal Studies/College Transfer, 768-6600
Medical Office Clerk, 764-5394
Middle College High School, 768-6704
New Holly Learning Center, 764-6642
Nursing, 768-6654
Occupational Teacher/Trainer Education (OTE), 764-5339
Running Start, 764-5805
Senior Adult Education, 764-5339
Supervision & Management (SMG), 764-5394
Tech Prep, 768-6863
Technical Education, 764-5394
Truck Driving, Commercial, 764-5314
Upward Bound, 768-6676
Welding Fabrication, 764-5394
Wine Technology, 764-7942

**Services**
Admissions, 764-7943
Advising, 764-5387
Arboretum, 764-5396
Art Gallery, 764-5337
Assessment Services (Testing), 764-5349
Beauty Center (appts.), 764-5814
Bernie’s Pastry Shop, 764-5828
Bookstore, 764-5338
Brockey Center (Rental/Catering), 768-6613
Career Development Services, 764-5304
Cashier, 764-5388
Catering, 768-6690
Child Care Center (main campus), 764-5348
CLIC (Student Success Services), 764-5326
Contract Training, 768-6787
Counseling & Advising, 764-5387
Cultural Center, 764-7969
Deli, 768-6753
Development Office, 764-5809
Dining Rooms (reservations), 764-5817
Disability Services/Educational Support, 763-5137
TDD message phone, 764-5845
Distance Learning, 764-7930
Diversity and Retention, 768-6425
Duwamish Apprenticeship & Education Center, 764-5350
Financial Aid Services, 764-5317
Foods Events Reservations, 764-7952
Foundation Office, 764-5809
Guidance Services, 764-5387
Information Desk, 768-6684
International Programs, 764-5360
Internship Office, 764-7935
King County Dislocated Workers Program, 764-5304
Library/Instructional Resources Center, 764-5395
Lost and Found, 764-5332
Office of Instruction, 764-5353
Parking and Transportation, 763-5157
Pastry Special Order, 764-5818
President’s Office, 764-5311
Public Relations Office, 764-5308
Recreation (Campus), 768-6670
Registration, 764-7938
Room Rental, 768-6613
Security Administration, 763-5157
Security Officer on duty, 235-0911
Student Clubs, 764-5330
Student Activities, 768-6750
Student Government (United Student Association), 768-6751
Student Newspaper (The Sentinel), 764-5333
Student Life, 764-5331
Student Success Services, 764-5326
TDD (Registration), 764-5845 or use the WA State Relay Service:
Voice, 1-800-833-6384
TDD, 1-800-833-6388
Telebraille, 1-800-833-6385
Testing (Assessment) Office, 764-5349
Tours (prospective students), 764-7943
Transcripts, 764-7938
Transfer Center, 768-6719 or 768-6478
TRIO Talent Search, 768-6474
Tutoring Services, 763-5137
Veteran Affairs Office, 764-5811 or 768-6743
Women’s Center, 768-6801
Worker Retraining/WorkFirst, 768-6667
WorkFirst Programs, 764-5835
WorkSource Affiliate, 764-5304
School Closure Information
The college announces when it is closed, not when it is open. Visit the web at www.schoolreport.org for closure announcements. The following local news/network stations will publicize messages we post regarding school closure during inclement weather, etc.:
- **Television:** KING, KOMO, KIRO, KCPQ, and NW Cable News
- **AM Radio:** KIRO, KOMO, KIXI, KLAY, KRKO, and KYCW
- **FM Radio:** Numerous stations

In the event of an emergency on campus multiple ways will be used to communicate the situation:
- A “pop-up” message will appear on logged-on computers
- Selected speakerphone telephones across campus will broadcast a message
- The Campus Alerts system will be activated, sending emails and text messages to subscribers.

Location of Emergency Phones
These phones have no dialer or dial tone. Pick up the receiver; ten seconds later, it will ring into the security cell phone. The phones are at the following locations:
- **AMT** Inside hallway – this phone has dialer and dial tone, but just pick up the receiver
- **CAS** Across from Pastry Shop
- **LHO** Southwest front
- **MPB** Multi-Purpose Building
- **OLY** Southeast door – push button
- **RAH** Next to Women’s Restroom
- **RSB** Outside Registration
- **TEC** Northwest corner
- **South Parking Lot** – push button

Pay phone Location with Free Campus Security Button
- **CAS** Across from Pastry Shop
- **JMB** Next to Student Club Center
- **RAH** Next to Men’s Restroom
- **RSB** Southwest corner courtyard
Steps to Enroll

Step 1
Complete a Financial Aid Application • (206) 764-5317
If you need help paying for your tuition, complete an application three months before the start of the quarter.

Step 2
Take a Placement Test • (206) 768-6767
This test is designed to place you in your first classes and ensure your success.

Step 3
Schedule an Initial 30-Minute Academic Advising Appointment • (206) 764-5387
An advisor will review your Placement Test and discuss your next steps.

Step 4
Enroll For Classes and Pay Tuition • (206) 764-7938
This should be done as soon as possible for best class selection.

Still have questions?
Call (206) 764-5300
Apply at least three months before the quarter starts!

Financial aid at South includes grants, work study, tuition waivers, and scholarships. In general, it is either need-based or merit-based. Need-based aid is awarded to students who cannot pay for college without assistance and includes grants, the tuition waiver, and work study. Merit-based aid, generally in the form of scholarships, is awarded to students based on academic or athletic achievement or other criteria. Most students receive a combination of these types of financial aid in what is called a financial aid package.

The calculation that determines eligibility for aid is complicated. Because there is no income cutoff, the only way to learn if you are eligible for financial aid is to apply.

The application process is not difficult and help is available throughout the process. If you have questions about the FAFSA (Free Application for Federal Student Aid), contact the Financial Aid Office or call toll-free 1.800.4FEDAID (1.800.433.3243) Monday through Friday between 5:00 am and 9:00 pm or Saturday between 6:00 am and 3:00 pm (Pacific time).

Completed applications are evaluated on a first-come, first-served basis in the awarding cycles listed below. Students who complete the application process by the awarding cycle date are assured notification of financial aid eligibility before the first day of class (see dates below.) To meet these deadlines you must mail in or submit electronically an accurate FAFSA to the processor at least 6 weeks before the deadline. Applications completed after the awarding cycle dates will be reviewed as time permits.

**Deadlines**
- Fall quarter (2007) deadline - July 31, 2008
- Spring quarter (2008) deadline - February 6, 2009
- Summer quarter (2008) deadline - March 27, 2009

Late applicants must plan to pay for tuition, fees, and books from their own funds to get started. A financial aid check for late applicants will be issued to eligible students when eligibility is determined.

**How to Apply**

1. **Complete the FAFSA**
   To apply for federal financial aid and most state aid programs, you must complete the Free Application for Federal Student Aid (FAFSA). Apply at www.fafsa.ed.gov. Be certain to complete the application according to instructions. Students may also request a paper application packet from the Federal Processor by calling 1.800.4FEDAID. Apply as soon as possible AFTER January 1 for the next academic year, and pay close attention to deadlines.

2. **Keep Good Records**
   Make photocopies of your applications and supporting information. To track important information and dates, you may want to keep a financial aid worksheet. Read South Seattle's Financial Aid Guide, which is available on-line at http://www.southseattle.edu/finaid/fao.htm or in the Financial Aid Office.
3. Review Your Student Aid Report
   One to four weeks after you submit your FAFSA, you will receive a Student Aid Report (SAR). The report
   will include your expected family contribution, the amount you and your family are expected to contribute
   toward your education. Review it carefully for accuracy and make corrections, if necessary.

4. Follow Instructions and Meet all Deadlines
   If your FAFSA or other financial aid forms are late or incomplete, you may not be considered for all of the
   aid programs available. A letter will be sent to you from the Financial Aid Office that advises you of what
   is required to complete your application. Follow up promptly on any requests for additional information.

5. Research Scholarships
   Check to see if local organizations or your employer (or parent’s employer) offer scholarships. Visit free
   scholarship search services on the internet. For more information, visit the “Scholarships” section of the

6. Evaluate Financial Aid Award Letter
   The Financial Aid Office will send you an award letter with details of your financial aid package, usually a
   combination of grants, waivers, and work study.

Note: Students are responsible for paying tuition by the due date along with purchasing texts by the first day of
class if their financial aid eligibility has not been determined.

If you receive a financial aid award from South, your tuition is paid automatically if you register for 12 credits
or more. If you register for less than 12 credits or if you do not know if you have an award, please contact the
Financial Aid Office.

If you receive funding from an agency, please contact the Financial Aid Office. Please be sure to notify the
Financial Aid Office if you receive any scholarship funding, as this may affect any award you receive in the future.

A Closer Look at Financial Aid

Need-based Aid

| Grants        | Money for college that you do not have to repay. |
| Loans         | Borrowed money for college that you must repay with interest. |
| Work Study    | Money you earn through part-time work that you do not have to repay. |
| Scholarships  | Money for college that you do not have to repay. |

Determining Your Eligibility for Need-based Aid

Your financial need is the difference between the amount it will cost you to go to school (cost of attendance)
and the amount of money that you and your family are judged able to pay (expected family contribution).
Parents’ income counts until the student is 25 years of age.

To determine your expected family contribution and your financial need, colleges and universities use the Free
Application for Federal Student Aid (FAFSA). The FAFSA considers your family income and assets (except home
equity/retirement programs), family size, number of family members in college and more.
Other Opportunities for Funding Your Education

Washington State Aid Programs
www.hecb.wa.gov/paying/waaidprgm/waaidprgmindex.asp

To help students and their families pay for college, Washington State earmarks over $142 million annually for student financial aid. Money is available to help you go to college if you and your family cannot afford to pay the full amount. And, you don’t have to be low-income to qualify.

Student Financial Aid Office
Washington Higher Education Coordinating Board
(360) 753-7850

Federal Student Aid Information Center
U.S. Department of Education
(800) 433-3243

Grants

South Seattle Community College offers need based grant assistance through state and federal funding. To apply for these grants, students must complete the Free Application for Federal Student Aid (FAFSA). Grants do not have to be repaid by the student. This money can be used to cover the cost of tuition, fees, books, supplies and other educationally related expenses.

Scholarships

Local scholarship donors often send announcements and applications to the Financial Aid Office. All scholarship information that is received is posted in a Scholarship list, which you may view on the website at http://www.southseattle.edu/finaid/scholar.htm. Interested students should check weekly for scholarship information.

SSCC Foundation Scholarships
The South Seattle Community College Foundation works to attract community engagement and support for the benefit of South’s students, faculty and programs. The Foundation provides over 100 scholarships a year for students. All students at South are eligible to apply, and applications are available year-round. Awards are generally made during the fall and winter quarters. Scholarships for high school students are awarded in the spring. The Foundation also provides support for faculty development, tutoring, emergency assistance and childcare.

Other Scholarships
We also offer information on scholarships from outside organizations. These vary from year to year. Please visit the above website for a complete and updated list. Some examples are

- American Culinary Federation Scholarships
- Gates Millennium United College Fund
- Martin Family Foundation Honors Scholarship Program
- Regional Eagle Gay Scholarship Fund
- Seattle Milk Fund
- South Seattle Community College Foundation Scholarship

Loans
South Seattle Community College does not participate in the federal loan programs. However, if you are interested in applying for a personal or alternative student loan, please contact the Financial Aid Office for additional information.
## More on Financial Assistance at South

<table>
<thead>
<tr>
<th>Question</th>
<th>Pathway</th>
<th>Contact Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Are you receiving Unemployment Benefits, or have you exhausted your benefits within the last 2 years? Were you self-employed but now are unemployed, or are you a displaced homemaker?</td>
<td>High-Demand Field</td>
<td>Worker Retraining (206) 764-5835 / Robert Smith Bldg, rm #81</td>
</tr>
<tr>
<td>Are you receiving a TANF cash grant (welfare) from DSHS?</td>
<td>Short-term programs up to 1 Year</td>
<td>WorkFirst (206) 764-5835 / Robert Smith Bldg, rm #81</td>
</tr>
<tr>
<td>Are you a low-income* working parent working PT or FT, with at least one child under 18?</td>
<td>Any Professional/Technical Program</td>
<td>Work-Based Learning (206) 764-5835 / Robert Smith Bldg, rm #81</td>
</tr>
<tr>
<td>Are you receiving Food Stamps (or can you) and will your combined work and school hours be less than 30 per week?</td>
<td>Any Professional/Technical Program</td>
<td>FSET (206) 764-5835 / Robert Smith Bldg, rm #81</td>
</tr>
<tr>
<td>Is your household income less than 175% of the poverty level?</td>
<td>High-Demand Field</td>
<td>WIA Adult (206) 764-5304 / WorkSource Center</td>
</tr>
<tr>
<td>Are you a low-income* student who has demonstrated commitment to school?</td>
<td>Auto Tech/Body, Nursing, Diesel, BIT</td>
<td>Opportunity Grant (206) 764-6478 / Financial Aid (RSB #52)</td>
</tr>
<tr>
<td>Are you a low-income* city of Seattle resident wanting 1-2 quarters of training and then FT employment?</td>
<td>Auto Tech, Office (BIT), Welding</td>
<td>Seattle Jobs Initiative</td>
</tr>
<tr>
<td>Have you attended SSCC for at least 1 quarter and are you enrolled FT now?</td>
<td>Any Program or Degree</td>
<td>Community agencies: ACRS (695-7569), CCA (322-8080), TRAC (443-9999)</td>
</tr>
<tr>
<td>Are you a graduating high school Senior and do you plan to enroll FT at SSCC?</td>
<td>Any Program or Degree</td>
<td>Foundation Scholarship (206) 768-6616 / Foundation Office (RSB #1)</td>
</tr>
<tr>
<td>Will you graduate from Cleveland High School in 2008 or later?</td>
<td>1st Year of Any Program or Degree</td>
<td>High School Scholarship (206) 764-5804 / Foundation Office (RSB #1)</td>
</tr>
<tr>
<td>Do you have financial need and are you making satisfactory academic progress?</td>
<td>Any 2+ Quarter Approved College Program or 45 Pre-Req credits</td>
<td>13th Year Promise Scholarship (206) 763-5141 / Foundation Office (RSB #1)</td>
</tr>
<tr>
<td>Is your family income less than 70% of the state median income and will you be enrolled at least half-time?</td>
<td>State Need Grant</td>
<td>Financial Aid Programs (FAFSA) (206) 764-5317 / Financial Aid (RSB #60)</td>
</tr>
<tr>
<td>Did you complete rigorous high school classes* and are you in your 1st year of college or 2nd year w/3.0 or higher GPA?</td>
<td>Academic Competitiveness Grant</td>
<td>Pell Grant</td>
</tr>
<tr>
<td>Are you low income and do you have exceptional* financial need?</td>
<td>Federal Supplementary Opportunity Grant</td>
<td>Work Study</td>
</tr>
</tbody>
</table>

*This tool is meant to help you figure out what funding you may be eligible for. All funding must be approved (by SSCC, DOE, DSHS, etc., depending on the type) before you will receive funding. See the appropriate office for complete eligibility requirements & application process.

**Different sources will pay for different things (tuition, books, transportation, etc.), so students may need multiple sources of assistance.**
The College Placement Test (COMPASS or ESL/COMPASS)

Students entering SSCC take the COMPASS or ESL/COMPASS placement test prior to visiting an advisor and registering. The placement test assesses the student’s strengths and weaknesses in writing, reading, and math skills. This un-timed, computerized exam takes about two hours to complete.

The Student Assessment Office is located in the Robert Smith Building, Room 076. Log into the SSCC website at: www.southseattle.edu/resources/sas for a calendar of exam dates and times. Study guides and practice tests are also found in the site. Students are encouraged to “brush-up” on their skills before taking the exam.

Note: Students with an official transcript from another college who have taken English 101 and Math 102 (GPA of 2.0 or higher) are not required to take the COMPASS.

Prior to Taking the Assessment:
• Obtain a SSCC student ID number from Registration (picture ID and social security number required).
• Pay fee at Cashier, located in the Student Services building.
• Keep receipt and take to test session.
• Bring state-issued ID or current student ID to test session.
• Personal, non-programmable calculator permitted.
• May retest after 90 days.

Testing Calendar with Hours
www.southseattle.edu/resources/sascal.htm

Sample Tests, etc.
www.southseattle.edu/resources/sas/htm
http://www.act.org/compass/sample
www.grammar.com
www.math.com
ID Cards
RSB/Registration, 206.764.5387

Students taking three or more credits are required to have an official SSCC ID card. Photos can be taken when a current class schedule showing payment or a paid tuition receipt is presented with picture ID. There is a one-time, nonrefundable $5 fee for the identification card, payable at the time of registration. Photos will be taken on a drop-in basis, Monday through Friday, at the Advising/Counseling desk. Students will be asked to present an ID card for access to:

- Cashiers Office Services
- Computer Lab Tech Desk in the Information Commons (for computer lab login and password)
- Fitness Center
- Library Services
- Recreation Department (for equipment check out)

EXCEPTIONS: Students enrolled in ABE, ESL, Community Service, Parent Co-op, or Senior Adult Ed programs have the option to purchase a card.

Did you know that your SSCC ID card also provides great discounts all over Seattle? You can get discounted tickets at Pacific Place Theaters, $10 (best seat in house) tickets to hear the Seattle Symphony at Benaroya Hall, and more!
After your assessment test and (best, if at least) two weeks prior to quarter start, call and schedule a 30-minute advising appointment. Advisors/counselors need your assessment results for this meeting.

If you have previous college credits to transfer in, have them reviewed by filling out a “Transcript Evaluation Request Form” available at the Registration counter or online.

The Academic Advising Center offers a comprehensive array of services designed to assist you in reaching your educational goals. These services are available to all students, new or returning, on an appointment or walk-in basis. These are some of the services available:
- Academic advising and program planning
- College transfer degree information
- Professional/technical degree information
- Assistance with petitions for waivers and/or exceptions
- Assistance with academic difficulty
- Pre-professional advising for university majors
- Running Start information and enrollment
- Monitoring degree progress
- Graduation applications
- E-mail advising at advisorssouth@sccd.ctc.edu

Regular Advising/Counseling Hours
- Monday through Thursday: 8:00 am – 6:30 pm
- Friday: 9:00 am – 4:00 pm
- Saturday: One Saturday per quarter. See Advising Center for more information.
- Last appointment available is 30 minutes before closing.

Advising and counseling services are available to South Seattle Community College’s diverse student population in order to make each student’s educational experience at SSCC a successful one.

The Advisors
Advisors help you make good choices so you can reach your educational goals. They are available to all students and can offer help with college transfer, professional and technical programs, English as a Second Language (ESL), GED, and high school completion programs.

Advisors can provide information on course enrollments, quarterly class selection, graduation assessment, and educational planning. Advisors also provide resources to students who want to research other colleges or programs in Washington State.

Advisors and Counselors Assist Students with:
- Program requirements
- Four-year college and university transfer requirements
- Quarterly class selection
- Graduation assessment
- University program specific requirements
- Educational Planning
The Counselors
Counselors are faculty who have Master’s degrees in counseling. They help students to identify and achieve their educational, career and personal goals.

- Educational Counseling
- Evaluating educational/life experiences
- Exploring vocational programs
- Educational planning
- Transfer to four-year colleges and universities
- Selecting a major

Counselors are also available to provide career assistance, help students select a career path and identify employment trends and training for obtaining employment.

Career Counseling
- Career assessment and interpretation
- Interests, abilities, and values clarification
- Assistance with career decision making

In addition, counselors provide short-term guidance to students who experience social and emotional difficulties that interfere with college success.

Personal Counseling
- Anxiety and stress management
- Time management
- Relationship issues
- Sadness
- Conflict management
- Student rights
- Referral to career resources

Career Evaluations

Strong Interest Inventory
Compared your interests with people in a variety of occupations to assess similar or dissimilar interests.

Myers Briggs Type Indicator
Helps students identify their personality type and occupations that are most attractive to persons with a similar personality type. The indicator helps students learn which work environment can provide career satisfaction for each personality type.

If you are interested in taking one of these career evaluations, please make an appointment with a counselor.
Enroll for Classes and Pay Tuition
(206) 764-7938
http://southseattle.edu/services
RSB Registration Window

The Registration Office is the place to sign up for classes by submitting enrollment forms and paying for classes. For best selection, register early during the new student registration time period or during open enrollment. The quarterly class schedule has registration dates for each quarter as well as deadlines for refunds and withdrawing from class.

Enrollment forms and class schedules are available in the registration office. The staff helps students in registration by processing enrollment forms and by assisting with adding, dropping or auditing classes. South accepts anyone who is 18 or older, or anyone who is a high school graduate. New first-quarter students are asked to register in-person. Thereafter, you are encouraged to use the Web (Student Online Services) to register.

Tuition is due within 7 business days from the date you first register for classes. If you register for classes on or after the first day of the quarter, tuition is due immediately. See quarterly schedule for Registration and Cashier hours.

Financial Aid Award
If you have received a financial aid award, your tuition will be paid automatically if you registered for 12 credits or more. If you registered for less than 12 credits or if you do not know if you have a financial award, please contact the Financial Aid Office (see page ). Additionally, if you are receiving funding from an agency, please contact the Financial Aid Office.

Payment Policies & Options

Pay Your Tuition on Time
Your registration is not complete unless tuition and fees have been paid in full and on time. No partial payments are accepted unless you sign for the budgeted tuition payment plan through FACTS. If you register prior to the beginning of the quarter your tuition and fees are due within 7 days of your registration. If you register on or after the first day of the quarter, tuition and fee payment is due immediately upon registration.

Students may charge tuition and books on VISA, Master Card, American Express or Discover credit cards. Please note: you may pay tuition and fees using the Web at http://southseattle.edu/services or visit the cashier’s office. Debit cards are only accepted when paying in person or at the secured drop box. The fee payment drop box is located outside the cashier’s office in the Robert Smith Building. Students using their parent’s charge card must bring a signed note from the authorized cardholder.

Refunds & Withdrawals-Students who officially withdraw from classes may receive a refund of fees and tuition. See the refund schedule under Registration in the class schedule.

Pay tuition with cash, check, or credit card at the cashier’s office or online. Another option is to budget your tuition payment via FACTS (nelnet), Student Tuition Automatic Payment Plan, at https://sccdweb.sccd.ctc.edu/services/sermain.htm.
Student Tuition Automatic Payment Plan - FACTS (nelnet)

Don’t have money to pay your tuition all at once? South and its partner, the FACTS Management Company, also known as nelnet, can help. Join our new online payment plan - e-Cashier. Start budgeting for your education today. The sooner you start, the lower your monthly payments will be.

Contact Information
Call FACTS at (800)609-8056 for information or to make any changes to your address, telephone or bank information. Customer service representatives are available Monday through Thursday, 7:30am to 7:00pm (CST), and Friday, 7:30am to 5:00pm.

If you have questions regarding your FACTS agreement, please contact FACTS directly or view your agreement online through your MyFACTS account. To access your MyFACTS account, follow your FACTS confirmation notification.

If you have questions regarding your balance, contact the cashier’s office.
If you have questions regarding your financial aid, contact the Financial Aid department.

Frequently Asked Questions About FACTS (nelnet)

1. When and what time will the funds be withdrawn from my bank account?
   FACTS specifies the date each payment will occur, but it is your financial institution that determines the day the payment is debited. FACTS recommends you check with your financial institution to determine how far in advance funds should be deposited into your account to ensure the automatic payment clears. If a payment date falls on a weekend or banking holiday, the payment will be attempted the following business day.

2. How will I be notified of my payment information?
   Once your agreement is posted to the FACTS system, you will receive a confirmation notification of your payment amount by e-mail or letter. Payments will be processed until the total balance is paid in full. The notification has important information you MUST have to log on to myFACTS Account. The notification also serves as a reminder that a $15 per quarter nonrefundable FACTS Enrollment Fee will be processed from the account indicated on the agreement.

3. Can I pay by phone with FACTS?
   In accordance with the Terms and Conditions of your FACTS agreement, payments are processed electronically. FACTS does not accept payments by phone.

4. What is the FACTS Access Code?
   To help protect your privacy, FACTS asks the person responsible for the payments to create an access code. If you should call into FACTS inquiring about your FACTS agreement or inquire online through MyFACTS Account, you will be required to verify your FACTS Access Code. If you do not create an access code on your FACTS agreement, one will be randomly assigned to you. Your FACTS Access Code will be identified on your FACTS Confirmation Notification. Please remember to keep a copy of your confirmation notification.

Information on Returned Payments
Should an automatic bank payment or credit card payment be returned, a $25 returned payment fee will be automatically assessed to your account. You will be notified of the returned payment via mail or e-mail.

If you haven't done so already, obtain your student I.D. card (see page 16.)
As you begin your educational journey, you will want to acquaint yourself with our student learning outcomes. They reflect the knowledge and abilities you will have after earning a degree from South Seattle Community College. Although these outcomes will be learned or developed in the various courses you will take at South, they will benefit every aspect of your future life. Moreover, because you are likely to face several career changes during your working life, the abilities to remain flexible and viable as well as to learn quickly will be highly valuable survival skills. In short, prepare in college for whatever the future might bring by doing the following:

- Learn how to learn.
- Be open to learning new things rather than just revisiting what you already know.
- Resist instant gratification by choosing challenging goals.
- Take a variety of courses.

### South Student Learning Outcomes

1. **Communication**
   - Read and listen actively to learn and communicate
   - Speak and write effectively for personal, academic, and career purposes

2. **Computation**
   - Use arithmetic and other basic mathematical operations as required by program of study
   - Apply quantitative skills for personal, academic, and career purposes
   - Identify, interpret, and utilize higher level mathematical and cognitive skills
   (for students who choose to move beyond the minimum requirements as stated above)

3. **Human Relations**
   - Use social interactive skills to work in groups effectively
   - Recognize the diversity of cultural influences and values

4. **Critical Thinking and Problem-Solving**
   - Thinking critically in evaluating information, solving problems, and making decisions

5. **Technology**
   - Select and use appropriate technological tools for personal, academic and career tasks

6. **Personal Responsibility**
   - Be motivated and able to continue learning and adapt to change
   - Value one’s own skills, abilities, ideas, and art
   - Take pride in one’s work
   - Manage personal health and safety
   - Be aware of civic and environmental issues

7. **Information Literacy**
   - Access and evaluate information from a variety of sources and contexts, including technology
   - Use information to achieve personal, academic, and career goals, and to participate in a democratic society
Student Orientation

Be a Participant!
Get Involved!

Online Orientation "Succeeding at South 101"
Get to know South and our many resources and gain the information you need to be a success. Online orientation is an option for all students, both new and returning. You will need your SID and email address to log in. Visit www.southseattle.edu/enrolling/orientation.htm.

New Student Orientation
NSO is typically held the Thursday before the quarter starts. All newly registered students will receive a notification in the mail or via email.

Program Orientation
Contact the specific program in which you are enrolled to ask if it is necessary to attend a program orientation (or information session) in addition to the campus-wide new student orientation.

Call (206) 768-5331 to find out more.
Vehicles parking on college property are required to have a valid parking permit. To be valid, the permit must be:

- Purchased through Cashier’s Office or designated office.
- Unexpired
- Hung from the rear view mirror or placed on the dash, with permit number visible
- Displayed at all times.

**Continuing Education Parking**

Purchase a daily parking permit at kiosks located in the North, Central and South parking lots.

**Disabled Parking**

Disabled parking is available in designated areas on campus. Permits are issued when one of the following occurs: The individual is recognized by a governmental sponsoring agency as disabled and this is so noted on the authorization for the provision for the student; or the individual files a statement from a medical doctor as to the condition of the disability. The college reserves the right to refuse the issuance of a parking permit.

**Visitor Parking**

Daily permit dispensers are located at the North Gatehouse, in the South Parking Lot adjacent to the gravel area, or near the bus stop on the driveway in front of the Robert Smith Building (RSB). Visitors may park for up to 45 minutes for $0.25, using the visitor spaces along the RSB driveway or general parking areas. Day permits may be purchased for $2.00 from the north or south dispensers, or the Cashiers Office (RSB 47). Patrons of the Alhadeff Grill, Café Alki, or the Beauty Center may park free in the Cascade Court lot, if they register their license number with the area they are patronizing.

**Get a Parking Permit**

Parking is by paid permit, daily or quarterly, Monday – Saturday. Parking is available on a limited basis. Daily permit dispensers are located at the North Gatehouse, in the South Parking Lot adjacent to the gravel area, or near the bus stop on the driveway in front of the Robert Smith Building (RSB). Visitors may park for up to 45 minutes for $0.25, using the visitor spaces along the RSB driveway or general parking areas. Day permits may be purchased for $2.00 from the north or south dispensers. Patrons of the Alhadeff Grill or Café Alki may park free in the Cascade Court lot, if they register their license number with the area they are patronizing. Quarterly permits are purchased from the Cashier. Student parking requires proof of paid registration, and is based on enrolled credits (Summer quarter only) (Includes City Commercial Parking tax):

<table>
<thead>
<tr>
<th>Credits range</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-5 credits</td>
<td>$11.85</td>
</tr>
<tr>
<td>6-10 credits</td>
<td>$23.65</td>
</tr>
<tr>
<td>11+ credits</td>
<td>$35.50</td>
</tr>
<tr>
<td>Carpools</td>
<td>$19.65</td>
</tr>
</tbody>
</table>
Parking Refunds

Students will receive parking refunds only upon complete withdrawal from classes or for classes which have been canceled by the college. Refunds will be processed according to Withdrawal and Status Change information with return of the permit. Lost or stolen permits will be replaced at the student's cost. For parking information, call James Lewis, Transportation Director, at (206) 763-5157 or the Cashier's Office at (206) 764-5388 or visit www.southseattle.edu/services/parking.htm.

Transportation (Carpool, Metro, Shuttle, etc.)

Carpool
RSB 50, 206.763.5157
http://www.southseattle.edu/campus/trans.htm

Carpool applicants must register with the Transportation Coordinator, RSB 50, during the first two weeks of every quarter. To be eligible for carpool discount parking rates and $40 vouchers, 2 or more students must commute together in one vehicle to and from SSCC. Each student must be registered for 10 or more credits and must not be utilizing any additional parking permits or transit promotions from the College (e.g. Go Pass, Transit Voucher)

Commuter Bonus Plus Vouchers
RSB 50, 206.763.5157

Commuter Bonus Plus Vouchers are distributed around mid-quarter and can be used to buy goods or services related to your commute, for example auto service, bicycle equipment, or walking shoes. If you meet criteria for a carpooler, walker, or bicycle rider you may use the vouchers, which amount to $40, to purchase goods or services at many area retailers.

Go-Pass
RSB 50, 206.763.5157

A Go-Pass is a transit pass created for the District that is accepted by Metro, Sound Transit, Sounder Train, as well as the Water Taxi. They can be purchased at the Cashier’s Office, and cost $70 per quarter. Contact the Transportation Coordinator for more information.

Metro Buses Traveling to SSCC
http://www.southseattle.edu/campus/trans.htm
Seattle Metro Authority

From Downtown
Take #135. Effective September 25, 2004 take Rt. 125 or Rt. 120.

From Alaska Junction in West Seattle
Take #128 from the West Seattle Junction, 44th Ave SW & SW Alaska St.

From White Center
Take #128 from 15th Avenue S.W. & S.W. Roxbury Street

Transportation Numbers
Sound Transit - Bus 800.201.4900
Metro Transit - Bus 206.553.3000
Ferries, Seattle Area 206.464.6400
Welcome to Your Campus Bookstore
Jerry M. Brockey Student Center (206) 764-5338
http://Whywaitforbooks.com or http://southscc1@bkstore.com

If you are entering your campus bookstore you will see that we offer a wide variety of items, including SSCC memorabilia like sweatshirts, mugs and lanyards. We also carry beautiful journals, Papyrus gift wrap, greeting cards, photo albums, frames and other last minute gift items. We stock basic school supplies and a wide array of backpacks and bags. We offer a range of snacks, drinks and beauty aids as well. Our Barnes & Noble Campus Bestsellers are 25% off suggested retail price. We have a mix of classic and contemporary literature, children’s books, cookbooks, reference books and more. If we do not have a book in stock we are more than happy to special order it for you.

But of course today you are here for your textbooks. Our textbooks are laid out through the back of the store from left to right, in alphabetical and numerical order by class matching your registration, for example if you are taking Biology 100 section 70 you would look for “BIOL& 100.70” on the shelf tag. Having your registration form with you helps us verify that you are choosing the correct book for the correct course. The price for both new and used books is printed on the bottom of the shelf tag. We try to offer as many used copies as possible to the students, saving 25% of the new textbook price. Used copies are typically marked with a yellow “Used” sticker on the side, and/or a white used label on the back of the book. We always recommend that you review your used text prior to purchase.

At the register you may pay with cash, check, credit cards, travelers checks, award data forms (third party financial assistance) Barnes & Noble gift cards, and Barnes & Noble Student/Parent cards. Checks must be imprinted with your name, address and or phone number. If you are using a parent’s check, you must present us with a photo id that shows that you share the same last name and/or the same address. You must also provide us with your student id number. We accept standard credit cards, American Express, Visa, MasterCard & Discover Card. Debit Cards must carry the Visa/MasterCard logo. If you wish to use your parent’s card you must present a letter from your parent stating permission to use the card with their signature.

Please remember you or your parents may order your books on line to be picked up in the store or to be delivered to your address. Our website is set up the same as your registration so you would choose the quarter you are enrolled in, the letter course abbreviation, for example “BIOL&”, the three numbers, “100”, and then the section. All books that have been submitted to the bookstore will appear on the web site, either “required”, “recommended”, or “value-option”. You will be given the option to choose new or used. If there are no used available your order will be fulfilled with a new text. When you have completed your online order the bookstore will have 24 to 48 business hours to process your order. Please remember to bring a print out of your invoice.

If you have third party financial assistance like worker retraining, you will need to bring in your “Award Data Form” and your student id. Running Start students will have a form from the Running Start Office to present to the cashiers. Once you pick up your books you will bring them to the register and notify the cashier that you have financial assistance. They will enter your name into our system, and then ring your purchase.

Textbooks may be returned in the same condition as when they were purchased for a full refund within the first week of classes, with a receipt. Or within the first 30 days of the quarter with a drop slip and receipt (except Summer). The returns policy is printed on the back of your receipt and is posted in the bookstore.

Buyback is conducted every day, but the best time to sell your books back to the store is during finals week. The bookstore offers up to 50% of the retail value of the book in the bookstore. The bookstore’s ability to buy back your book is based upon the book orders submitted to the bookstore for the upcoming quarter, and a wholesaler’s buying guide. A receipt is not required for buyback, just a current student id. If you do not have a current student id, please present a print out with your id number, and a photo id.

That is your campus bookstore. We hope you will come and visit us and check us out online.
Introduction

Transitioning to college often requires developing new habits and skills to help you succeed. From learning how to balance your academic load with your family and work responsibilities to taking good notes, college is where you develop habits that will promote success in work and many other aspects of your future life.

To succeed in your education and in life, practice the following:

- Organize yourself and practice good time management skills.
- Prioritize your life. Use the enclosed planner to help organize your day both in and out of class.
- Learn how to learn; it is vital. The college experience is a broadening and training of the mind for the numerous careers you are likely to have in the future.
- Possess a positive attitude and be flexible.
- Be aware of what stresses you out and learn how to deal with it. “Check your problems at the door” when you arrive on campus just as you would at your job. You don’t need the burden of additional distractions.
- Take responsibility for yourself and your actions.
- Think beyond the moment. Set goals for the quarter, the year, and your college career.
- Focus on enjoyment of the learning process.
- Focus on being healthy. Get enough rest, eat a balanced diet and exercise so you can concentrate in class and while you are studying.
- Make thoughtful decisions. Don’t take a course just to satisfy a requirement, and don’t drop any course too quickly.
- Take realistic inventory of your academic strengths and weaknesses. If you need prep work in some area, seek out appropriate classes. Some examples are:
  - HDC 101: Orientation to College Success
  - ENG 086: Grammar Express to improve writing skills
  - LIB 101: Introduction to Information Resources to develop research skills
  - CSC 100: Beginning Computers to develop computer skills
- Investigate various career paths. Your choice of career will guide your academic journey, so the earlier you make this important decision, the better.
- Set high standards.
- Keep an open mind.

Before the First Day of Class

After arranging for financial aid (see page 7), taking a placement test (see page 10), meeting with your advisor (see page 12), and registering for classes (see page 14), prepare for the upcoming quarter by completing the following:

- Participate in the SSCC Orientation if this is your first quarter. (See page 17.)
- Purchase your textbooks prior to attending class. (See page 20.)
- If you are a distance learning student:
  - Visit and familiarize yourself with the online classroom via all available tutorials.
  - Email your instructor to either ask for assistance if you have questions or to simply indicate that you are ready to participate in the class when the quarter begins. The instructor’s contact information is listed in the online course description in the quarterly schedules. In addition, you may contact the SSCC Distance Learning Office at (206) 764-7930 or http://online.southseattle.edu/distance/ for answers to general questions about online courses.
Be a Successful Student!
Successful students perform at their best in the classroom because they do the following:

- Attend classes regularly and on time.
- Read each document provided by your instructor (including the syllabus, which describes the course and expectations) and ask questions about anything you don’t understand.
- Sit near the front of the class. Placing yourself in full view of the instructor and in alignment with other visual components of the class will help you stay alert.
- Pay attention to what is going on.
- Become actively engaged with the material presented in class to promote better learning. Ask questions and participate in discussions even if you feel a little awkward at first.

- Percentages of What We Retain
  - Read 10%
  - Hear 20%
  - See 30%
  - See and Hear 50%
  - Discuss 70%
  - Experience 80%
  - Teach 95%

- Learn how to take effective notes. Taking good notes is crucial to retaining and understanding the course material presented by your instructor. Without some record of what you have heard, up to 80 percent of a lecture may be forgotten within 24 hours! Moreover, the instructor reinforces the most important aspects of the course in his or her lectures.
  - Have a spiral notebook or binder for each subject along with pencils or pens.
  - Copy what the instructor writes on the board and add additional points you hear presented. It is better to write too much than too little.
  - Listen for ideas - not just facts. Focus on the main points of the lecture.
  - Leave space between notes for after-class clarification or comments.

- Engage in conversation with classmates before and after class; get to know each other.

As a community, South has adopted certain values to enhance our learning environment and your educational experience in and outside of the classroom. Our Values Statement is as follows: "Students, faculty, administration, and staff at South “will treat each other with courtesy and respect, speak civilly and act responsibly with consideration for the rights of others, affirm the value of diversity and promote cultural sensitivity, and maintain a safe and welcoming community.”"

Accordingly, successful students do not engage in activities that disrupt others or compromise their own education. Specifically, they do not:

- Carry on side conversations when class is in session.
- Slow class progress because of lack of preparation or willingness to fully participate in group efforts.
- Let a bad attitude interfere with their learning or the learning of others.
- Arrive late or leave early on a regular basis.
- Talk on cell phones during class.
- Text message during class.
- Listen to MP3 players during class.
- Refuse to fulfill their obligations in group projects.
- Sleep during class.
Between Class Sessions

Developing strong study habits is a requirement for success at the college level. Studying on your own or with a study group between class sessions contributes mightily to a quality education. Here are some ideas to help you succeed:

- Designate a specific time and place each day to study.
- Prioritize your responsibilities and avoid procrastination. Use the SSCC planner to highlight important assignments and due dates for all your classes. Many dates are on your syllabi and can be transferred to the planner the first week of class!
- Review previous material for a few minutes before starting a new study session. This aids long-term memory retention.
- Study consistently throughout the quarter as this is the best way to improve your skills. Keep on top of the material as it is covered.
- Turn in work that is neat and well constructed.
- Join (or create!) a study group. This allows you to compare notes, work on assignments, discuss class material, and prepare for exams with others in your class.
- Some tips for starting a study group:
  - Ask people who sit near you in class. Look for students who are attentive, take notes, and have good attendance.
  - Get permission from the instructor to write a note on the board to see if other students are interested.

Preparing for Exams

Learning to perform well on exams is vital for your academic success. Fortunately, effective exam preparation is a skill you can develop and improve with good practice. Adopt the following test preparation strategies:

- Be good to yourself! Eat well; get adequate sleep and exercise.
- Do not ‘cram’ the night before a test. Review in segments of time over several days.
- Review with a study group to be sure you are covering all materials and that you have quality notes.
- Arrive early on test day and sit in your regular seat.

When taking the exam, remember to do the following:

- Carefully read all instructions.
- Skim the entire test to identify difficult sections or questions that will require more time. Determine where you will earn the most points and how you will prioritize your time.
- Work on questions you know first.
- Write legibly! Your instructor will not be able to accurately evaluate your ideas if he or she cannot read what you have written.
- For essay exams:
  - Organize your ideas.
  - Make an outline in the margin or on scratch paper to help organize your essay. Note ideas you might forget as you write.
  - Answer the question directly in the first sentence or paragraph. The rest of your essay should provide facts and ideas that support the answer given in the first sentence or paragraph.
- Before selecting an answer on multiple choice tests, read all of the choices that are provided and then eliminate those that you know to be incorrect.
- When guessing, do not change your answers. Research shows that your first guess is usually best.
How Not to Plagiarize

Plagiarism is presenting someone else's ideas as your own. Read the following guide written by Dr. Margaret Procter from the University of Toronto to learn ways to avoid plagiarism.

You've already heard the warnings about plagiarism. Obviously it's against the rules to buy essays or copy from your friends' homework, and it's also plagiarism to borrow passages from books or articles or websites without identifying them. You know that the purpose of any paper is to show your own thinking, not create a patchwork of borrowed ideas. But you may still be wondering how you're supposed to give proper references to all the reading you've done and all the ideas you've encountered.

The point of documenting sources in academic papers is not just to avoid unpleasant visits to the Dean's office, but to demonstrate that you know what is going on in your field of study. Get credit for having done your reading! Precise documentation is also a courtesy to your readers because it lets them look at the material you’ve found. That’s especially important for Internet sources.

The different systems for typing up references are admittedly a nuisance. But the real challenge is establishing the relationship of your thinking to the reading you’ve done. Here are some common questions and basic answers.

1. Can't I avoid problems just by listing every source in the reference list?
   No, you need to integrate your acknowledgements into your own writing. Give the reference as soon as you’ve mentioned the idea you're using, not just at the end of the paragraph. It's often a good idea to name the authors (“X states” and “Y argues against X”) and then indicate your own stand (“A more inclusive perspective, however, ...”). The examples on the next page demonstrate various wordings for doing this. Have a look at journal articles in your discipline to see how experts refer to their sources.

2. If I put the ideas into my own words, do I still have to clop up my pages with all those names and numbers?
   Sorry – yes, you do. In academic papers, you need to keep monitoring authors and pages and dates to show how your ideas are related to those of the experts. It’s sensible to use your own words because that leaves space and lets you connect ideas smoothly. But whether you quote a passage directly in quotation marks, paraphrase it closely in your own words, or just summarize it rapidly, you need to identify the source then and there. (That applies to Internet sources too: you still need author and date as well as title and URL).

3. But I didn’t know anything about the subject until I started this paper. Do I have to give an acknowledgement for every point I make?
   You're safer to over-reference than to skimp. But you can cut down the clutter by recognizing that some ideas are “common knowledge” in the field – that is, taken for granted by people knowledgeable about the topic. Facts easily found in standard reference books are considered common knowledge: the date of the Armistice for World War I, for example, or the present population of Canada. You don’t need to name a specific source for them, even if you learned them only when doing your research. They’re easily verified and not likely to be controversial. In some disciplines, information covered in class lectures doesn’t need acknowledgement. Some interpretive ideas may also be so well accepted that you don’t need to name a specific source: that Picasso is a distinguished modernist painter, for instance, or that smoking is harmful to health. Check with your professor or TA if you're in doubt whether a specific point is considered common knowledge in the field.

4. How can I tell what's my own idea and what has come from somebody else?
   Careful record-keeping helps. Always write down the author, title and publication information (including the URL and other identifying information for web pages) so you can attach names and dates to specific ideas. Taking good notes is also essential. Don’t paste passages from online sources into your draft: that’s asking for trouble. As you read any text – online or hard-copy – summarize useful points in your own words. If you record a distinctive phrase or sentence you might want to quote, put quotation marks around it in your notes to remind yourself that you're copying the author's exact words. And make a deliberate effort as you read to notice connections among ideas, especially contrasts and disagreements, and to jot down questions or thoughts of your own. If you find as you write that you’re following one or two of your sources too closely, deliberately look back in your notes for other sources that take different views; then write about the differences and why they exist.
5. So what exactly do I have to document?
With experience reading academic prose, you’ll soon get used to the ways writers in your field refer to their sources. Here are the main times you should give acknowledgements. (You’ll notice many different formats in the following examples).

a. **Quotations, paraphrases, or summaries:**
If you use the author’s exact words, enclose them in quotation marks, or indent passages of more than four lines. But it’s seldom worthwhile to use long quotations. In literary studies, quote a few words at a time and comment on them. In other disciplines, quote only when the original words are especially memorable. In most cases, use your own words to summarize the idea you want to discuss, emphasizing the points relevant to your argument. Be sure to document these paraphrases or summaries even when you are not using the exact original words. Mentioning the author’s name indicates where the borrowing starts and stops and gains you some reflected glory for responding to the experts.

  e.g. As Morris puts it in The Human Zoo (1983), “we can always be sure that today’s daring innovation will be tomorrow’s respectability” (p. 189). [APA system]

  e.g. Northrop Frye discusses comedy in terms of the spring spirit, which he sees as representing renewal and integration (Anatomy 163). The ending of The Tempest fits this system. [New MLA system]

b. **Specific ideas used as evidence for your argument or interpretation:**
First consider whether the ideas you’re mentioning are “common knowledge” according to the definition in point 3 above; if so, you may not need to give a reference. But when you’re relying on ideas that might be disputed by people in your discipline, establish that they’re trustworthy by referring to authoritative sources.

  e.g. In September 1914, more than 1300 skirmishes were recorded on the Western Front.1 [traditional endnote/footnote system]

  e.g. Other recent researchers (4, 11, 12) confirm the finding that drug treatment has little effect in the treatment of pancreatic pseudocysts. [numbered-note system for biomedical sciences]

c. **Distinctive or authoritative ideas, whether you agree with them or not:**
The way you introduce the reference can indicate your attitude and lead into your own argument.

  e.g. In 1966, Ramsay Cook asserted that Canada was in a period of instability (174). That period is not yet over, judging by the same criteria of electoral changeability, economic uncertainty, and confusion in policy decisions. [New MLA system]

  e.g. One writer (Von Daniken, 1970) even argues that the Great Pyramid was built for the practical purpose of guiding navigation. [APA system]
Do you need help on a particular learning skill or area of study? We are here to help you and encourage you to be assertive in seeking out assistance when you need it. The following are academic support resources at SSCC:

Get to Know Your Instructors*
Students often overlook the fact that their instructors are very useful resources and that maintaining communication with them is an important key to success. On the first day of class, make sure that you understand all of the course requirements as indicated in the syllabus. While your instructor is committed to teaching the course, you also are making a commitment to learn the material and to fulfill the course requirements. Introduce yourself to your instructors at some point during the first week of classes.

If you have questions about the course, the workload, requirements, or concerns about other events in your life that are affecting your class performance, discuss these immediately with your instructor(s). Have your instructor look over your notes to make sure that you are getting the main points and studying the correct information. Also, participate in class discussions! You will find it much easier to get assistance if you show a genuine desire to learn the material from the onset. While building a relationship with your instructors does not guarantee you a ‘good grade’ or empathy, an effort on your part does improve your likelihood of success in the course.

Incoming students often are intimidated by the thought of initiating out-of-class discussions with their professors. Don’t let this be the case for you! Faculty at South not only enjoy working directly with students but also are a great source of information on everything from the material presented in class to selection of a major, career path, transfer school, and more.

All faculty members are required to hold office hours to meet with students. Learn when your instructors hold office hours, and then follow these guidelines for meetings that will be both smooth and productive:

• Make an appointment
  If at all possible, visit your instructor during his or her office hours. Otherwise, explain your situation and arrange an alternative meeting time.

• Make a good impression
  Be on time for your appointment. Be pleasant, smile, and introduce yourself.

• Arrive prepared
  Identify your questions and issues beforehand. Bring any assignments or materials of specific concern with you to your appointment.

• Be an engaged learner
  Ask questions if you need additional information or clarification. Listen carefully to your instructor’s advice and take notes. Look for ways to incorporate his or her suggestions.

• Say “thank you”
  Thank your instructor for his or her time and ask to come back if necessary.

*‘Get to Know Your Instructor’ is courtesy of Viking TIPS-Western Washington University New Student Guide
Faculty Guest Meal Program
To help you get to know your instructors on a more informal basis, the United Student Association has established the Faculty Guest Meal Program whereby the association provides guest meal tickets for students to use to invite instructors out to lunch at one of the campus dining rooms.

Letters of Recommendation
Instructors are often asked to write recommendations for scholarships such as those from the SSCC Foundation and four-year college applications. Consider the following when asking an instructor to complete a recommendation:

- Pay close attention to deadlines
- Meet with the instructor during office hours at least one week prior to the deadline.
- Submit a note with important activities and student interests with which the instructor can augment his or her writing.
- If application paperwork requires a form, have all student information completed before submitting this to your instructor.
- Make a note in your planner to pick up the recommendation from the instructor in a timely fashion before the deadline.

What if I have a complaint about a grade?
WAC 132F-121-090
The request to review a grade must be filed not later than the last day of the quarter which follows the quarter during which the disputed grade was received except that a complaint regarding a spring quarter grade may be filed through the last day of the following fall quarter. Students should first consult with the instructor before initiating a grade review process. If the result of speaking with the instructor does not reach a resolution, the student may contact the instructor’s supervisor.

If the result of speaking with the supervisor does not reach a resolution, the student may file a written grade review complaint with the Dean of Student Life. Complete provisions for filing a grade complaint are available in the Office of Student Life, located in JMB 133 or via the Web at: http://www.seattlecolleges.edu/policiesstudentservices.aspx.

In specifying the facts and other grounds on which the complaint is based, the documentations should specify the grade that is being challenged, and should have attached copies of relevant documents, including the applicable evaluation criteria, the course syllabus, relevant grading records, and the faculty member’s explanation for the grade. A grade change can be initiated only by the instructor, or by the Vice President for Instruction, under proven extenuating circumstances.

More College Resources
Tutoring
RSB 12, 206.763.5137
http://southseattle.edu/campus/facility/Department.asp?number=72

We offer informal tutoring services to students who request additional aid in mastering a subject area, the tutoring program goal is to help students be successful in their courses. Students who wish to apply for a tutor must fill out a Request for Tutor form (available in the Tutor Center), have their instructor sign the form, and return it to the Center; however, the tutoring center cannot guarantee that a tutor will be available for every subject area. Tutors are assigned to students on a first-come, first-served basis. All tutoring takes place on campus.
Online Tutoring
South Seattle Community College is pleased to offer a new service to students who need help with their academic subjects. South is now a member of the Northwest e-Tutoring Consortium. For more information on this program, please contact the Tutor Center at 206.763-5137.

Math And Science Tutoring Center (M.A.S.T.)
RSB 18, 206.763.5137
http://southseattle.edu/campus/facility/Department.asp?number=45

A warm friendly place where assistance is available for anyone having difficulties in math, at no charge; MAST is also a quiet place to study. Credit is available for students who use MAST on a regular basis. Computers are available.

Collaborative Learning & Instruction Center (C.L.I.C.)
RSB 66, 206.764.5326
http://southseattle.edu/campus/facility/Department.asp?number=16

Student Success Services’ Collaborative Learning and Instruction Center (CLIC) is a friendly place where you can get help with all aspects of your studies. Come in and work with our experienced teaching staff in English, Math, Writing and other coursework. Computers and a variety of resources are available. Students who have enrolled in the TRiO-SSS program are welcome to use CLIC anytime for specific help, or as a regular place to study.

Writing Center
LIB 205, 206.763.5137
http://southseattle.edu/campus/facility/Department.asp?number=82

Writing assistance is provided to students from all college programs. The center is staffed with peer writing assistants who are available for half-hour conferences. Students are encouraged to come to the Writing Center if they are having difficulty understanding writing assignments, brainstorming, focusing, organizing, editing and other problems. Computers are available for student use and are equipped with software for word processing, grammar skills, reading comprehension, and vocabulary development.

Computer Labs
http://www.southseattle.edu/campus/facility/Department.asp?number=30

All users must have a login and password (updated quarterly) to use the computers in the computer labs on campus. Users are required to show their current student ID at the Computer Lab in the Informational Commons, and read and sign the Acceptable Use of Information Technology document prior to being given a login and password. This initiative is funded in part by the Student Universal Technology Fee (UTF). Computers in all our labs and classrooms are PC platform.

Open Labs (hours vary by lab):
- Library Commons (LIB), 206.764.5394
- MAST (RSB 18), 206.763.5137
- CLIC (RSB 66), 206.764.5326
- Student Lounge (JMB 135), 206.764.5332
- Computer Lab (Tech 125), 206.763-5137
Disability Support Services
RSB 12, 206.763.5137


The college is committed to providing equal opportunities in higher education for students with disabilities who demonstrate a reasonable expectation of college success. Students with disabilities attending SSCC are integrated as completely as possible into the campus community. SSCC does not offer a specialized curriculum for students with disabilities.

It is the responsibility of students to self-identify those disabling situations that affect equal educational access and to request accommodations. The college will protect the student’s right to privacy under provisions of Public Law. Documentation concerning disabilities will be shared only with the written permission of the student.

Students with documented disabilities will be provided reasonable accommodations. Those accommodations include: referrals, tutoring, mentoring, the assistance of interpreters, readers, and scribes, taping services, alternate testing locations, and additional test-taking time. Access is made available to certain auxiliary aids such as: TDDs, FM communicators, closed captioning devices, amplified telephone receivers, closed circuit television, low vision reading aids, media players and recorders, Brailing services, and computer enhancements as needed.

Library/Instructional Resource Center
LIB, 206.764.5395
http://dept.sccd.ctc.edu/sslib/

Our library houses a collection of books, pamphlets, periodicals, and audiovisual materials designed to serve students. The library also subscribes to a number of website-accessible electronic databases. All databases may be accessed from campus; remote access is also available using your last name and SID. The library staff provides assistance and information to students to help them locate needed materials. In addition to library services, the Instructional Resource Center offers group study rooms, a pay-per-use copy machine, film previewing, non-graphic calculator check out, access to the Internet, and the library collections of North Seattle and Seattle Central Community Colleges. The library also houses the Information Commons (open computer lab) and the Copy Center.

2-1-1

King County’s 2-1-1 service is a fast and easy way to find help. It provides access to health and human service information and volunteer opportunities for people in King County. Just like consumers dial 9-1-1 for public safety emergencies, 2-1-1 is the number to call “get help” or “give help.”

Get Connected. Get Answers.
King County’s 2-1-1 has a database of more than 7,000. The database also has information on services in other areas of the state. Trained Information and Referral Specialists are available to take calls during the day, in the evenings, and weekends and to provide information on a wide range of resources, including:

- Legal and Consumer Advice & Assistance
- Government Programs
- Health and Dental Services
- Special Assistance for Caregivers
- Basic Needs – Food, Shelter, Utilities

The King County 2-1-1 database is available at www.211KingCounty.org.
CHOOSING RESPONSIBLY IN COLLEGE

• You manage your own time.
• You must decide whether to participate in co-curricular activities, and you must balance your involvement with other commitments yourself.
• You must balance your responsibilities and set priorities. You will face moral and ethical decisions you have never faced before.
• You often have hours between classes; class times vary throughout the day and evening and you spend only 12 to 16 hours each week in class. You need to decide how to put the hours between classes to good use.
• You arrange your own schedule in consultation with an advisor.
• Graduation requirements can be complex.

Guiding principle: you are expected to take responsibility for what you do or don’t do and will face the consequences of your decisions.

SUCCEEDING IN COLLEGE CLASSES

• You need to study at least 2 hours outside of class for each hour in class. This is often the biggest change that new students face. Studying every day is central to collegiate success.
• You need to review class notes and text material regularly. Reading and studying are active processes, where writing notes on your reading will benefit you greatly.

GOING TO HIGH SCHOOL CLASSES

• You may study outside class as little as 0 to 2 hours a week, and this may be mostly last-minute test preparation.
• You seldom need to read anything more than once, and sometimes listening in class is enough.

FOLLOWING THE RULES IN HIGH SCHOOL

• Your time is structured by others.
• You need permission to participate in extracurricular activities.
• You can count on parents and teachers to remind you of your responsibilities and to guide you in setting priorities.
• Each day you proceed from one class directly to another, spending 6 hours each day – 30 hours a week – in class.
• Most of your classes are arranged for you.
• You are not responsible for knowing what it takes to graduate.

Guiding principle: You will usually be told what to do and be corrected if your behavior is out of line.

YOUR image of higher education has probably been shaped by high school experiences. College, however, is different. The University of California at Merced contrasts high school with college in the following ways:

Transitioning from High School to College

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• You need to review class notes and text material regularly. Reading and studying are active processes, where writing notes on your reading will benefit you greatly.

GOING TO HIGH SCHOOL CLASSES

• You may study outside class as little as 0 to 2 hours a week, and this may be mostly last-minute test preparation.
• You seldom need to read anything more than once, and sometimes listening in class is enough.

Guiding principle: You will usually be told what to do and be corrected if your behavior is out of line.
• You are expected to read short assignments that are then discussed, and often re-taught, in class.

Guiding principle: You will usually be told in class what you need to learn from assigned readings.

HIGH SCHOOL TEACHERS

• Teachers check your completed homework.

• Teachers remind you of your incomplete work

• Teachers approach you if they believe you need assistance.

• Teachers are often available for conversation before, during, or after class.
• Teachers provide you with information you missed when you were absent.
• Teachers present material to help you understand the material in the textbook.

• Teachers impart knowledge and facts, sometimes drawing direct connections and leading you through the thinking process.

• Teachers often take time to remind you of assignments and due dates.

• Teachers carefully monitor class attendance.

Guiding principle: High school is a teaching environment in which you acquire facts and skills.

COLLEGE INSTRUCTORS

• Instructors may not always check completed homework, but they will assume you can perform the same tasks on tests. Tutors are a great resource for checking homework that is not evaluated by your instructor.

• Instructors may not remind you of incomplete work. You are expected to respect deadlines and take the initiative to see if makeup work is a possibility.

• Instructors are open and helpful, but most expect you to initiate contact if you need assistance. Remember to ask them for help, whenever you feel the need to do so.

• Instructors expect and want you to attend their scheduled office hours.

• Instructors expect you to get from classmates any notes from classes you missed.

• Instructors may not follow the textbook. Instead, to amplify the text, they may give illustrations, provide background information, or discuss research about the topic you are studying. Or they may expect you to relate the classes to the textbook readings. This is a skill that may require you to be patient and to ask many questions of your instructor and/or tutors before you can master it.

• Instructors expect you to think about and synthesize seemingly unrelated topics. Participating in discussions, thinking creatively, and taking risks will help you develop this skill.

• Instructors expect you to read, save, and consult the course syllabus; either the syllabus or the assignment itself will spell out exactly what is expected of you, when it is due, and how you will be graded.

• Instructors may not take roll, but they are still likely to know whether or not you attended. Poor attendance disrupts your learning. Don’t skip class.

Guiding principle: College is a learning environment in which you take responsibility for thinking through and applying what you have learned.

• You are assigned substantial amounts of reading and writing which may not be directly addressed in class. However, these readings greatly enhance your understanding of in-class presentations.

Guiding principle: It's up to you to read and understand the assigned material; lectures and assignments proceed from the assumption that you've already done so. You are expected to visit your professor whenever you need guidance for understanding the course.
TESTS IN HIGH SCHOOL

• Testing is frequent and covers small amounts of material.

• Makeup tests are often available.

• Teachers frequently conduct review sessions, pointing out the most important concepts.

Guiding principle: Mastery is usually seen as the ability to reproduce what you were taught in the form in which it was presented to you, or to solve the kinds of problems you were shown how to solve.

GRADES IN HIGH SCHOOL

• Grades are given for most assigned work.
• Consistently good homework grades may raise your overall grade when test grades are low.
• Extra credit projects are often available to help you raise your grade.
• Initial test grades, especially when they are low, may not have an adverse effect on your final grade.

• You may graduate as long as you have passed all required courses with a D or higher.

Guiding principle: “Effort counts.” Courses are usually structured to reward a “good-faith effort.”

TESTS IN COLLEGE

• Testing is often infrequent and may be cumulative, covering large amounts of material. You, not the professor, need to organize the material to prepare for the test. A particular course may have only 2 or 3 tests in a quarter.

• Makeup tests are seldom an option; if they are, you need to request them. Your instructor is not obligated to give you a make-up exam.

• Instructors do not always offer review sessions, and when they do, they expect you to be an active participant, so come prepared with questions.

Guiding principle: Mastery is often seen as the ability to apply what you’ve learned to new situations or to solve new kinds of problems.

GRADES IN COLLEGE

• Grades may not be provided for all assigned work.
• Grades on tests and major papers usually provide most of the course grade.
• Extra credit projects cannot, generally speaking, be used to raise a grade in a college course.
• Watch out for your first tests. These are usually “wake-up calls” to let you know what is expected, but they also may account for a substantial part of your course grade. You may be shocked when you get your grades.
• A GPA of below 2.0 will result in academic probation, which may lead to suspension or dismissal.

Guiding principle: “Results count.” Though “good-faith effort” is important in regard to the instructor’s willingness to help you achieve good results, it will not substitute for results in the grading process.
Student Responsibility

Any institution operating with thousands of people must have in place rules, policies and procedures protecting and supporting a cooperative education environment. To maintain this environment, the college outlines a code of conduct that defines both misconduct and proper/appropriate conduct. A student’s responsibility in maintaining a good environment is to

• Maintain high standards of academic integrity.
• Respect the rights of others.
• Refrain from actions that endanger themselves or others.
• Comply with district and college rules and regulations.
• Comply with civil authority.
• When these areas are violated and a simple and direct means of resolution is attempted and is unsuccessful, conduct proceedings may begin.

Student Conduct Procedures

1. Who can report a misconduct issue?
   Any member of the college community (faculty, staff and/or administrators) may file a student conduct complaint against any student when they believe there has been a violation of the student conduct code.

2. Who can I talk to if I have a concern or an issue?
   Sometimes there may be situations that cause students to have a concern, a suggestion, an idea or an issue. In the spirit of continually striving to foster an “educational community dedicated to providing quality learning experiences which prepare students to meet their goals for life and work,” these resources are available:
   • Counseling and Advising Services, RSB 43, 206.764.5387
   • Educational Support Services, RSB 12, 206.763.5137
   • Office of Diversity and Retention, RSB 158, 206.768.6455
   • Student Success Services, RSB 67, 206.764.5326
   • United Student Association Representatives (student peers), JMB 131/135, 206.768.6752

3. What do I do if I have a complaint?
   The Dean of Student Life, the Complaints Officer, is located in JMB 122 or call 206.768.6749. The Dean is available to meet with students for the purpose of reviewing issues and providing advice on how to proceed with either informal or formal complaints.

   A student who has a complaint is encouraged to informally address the matter before filing a formal written complaint. This means: (1) speaking directly to the person whom you feel in some way has wrong you and/or; (2) taking the concern to the head of the department/division in which the person you are complaining against is employed and/or; (3) taking the complaint to the Dean of Student.

   All enrolled SSCC students have access to the informal and formal complaint procedures of South Seattle Community College, which are available in the Office of Student Life, or via the Web at http://www.seattlecolleges.edu/policiesstudentservices.aspx. These procedures are to be used by students against college employees or other students, except to the extent that a complaint is against a college employee and the process is dictated otherwise by a collective bargaining agreement or other applicable process.

4. What if I have a complaint about a grade?
   (See page 32.)
Excerpts from the Student Conduct Code
(For a full description of student misconduct, refer to the Washington Administrative Code, WAC 132F-121-110).

1. Disruption of instruction, research, administration and other district activities.
   Examples include:
   • Talking on cell phones, text messaging, and using MP3 players during class, which cause disruption to class.
   • Maintaining side conversations disruptive to class.
   • Lashing out at others.

2. Academic dishonesty, including cheating and plagiarism
   Examples include:
   • Knowingly presenting other’s writing as your work (see “How Not to Plagiarize” page 24).
   • Copying answers from other’s papers during an exam.
   • Using text messaging or other functions on cell phones to gain answers during exams.
   • Submitting another SSCC student’s work as your own.
   • Buying and submitting pirated papers or online work.

3. Conduct that is disorderly, lewd or obscene
   Examples include
   • Consistent interruption of class sessions.
   • Repeated disruptive entry to class after day’s session has begun.
   • Use of argumentative or offensive language toward others on campus.

4. Physical or verbal abuse, harassment of any person on district property

5. Discriminatory action against a student or district employee because of race, color, national origin, mental or physical disability, gender, sexual orientation, age, creed, or religion
   South Seattle Community College provides equal opportunity in education and employment and does not discriminate on the basis of race, color, national origin, gender, sexual orientation, age, marital status or the presence of any physical, sensory, or mental disability in accordance with Washington State anti-discrimination laws: Title VI and VII of the Civil Rights Act of 1964, Title IX of the Educational Amendments of 1972, Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990.

6. Failure to comply with direction of district employees or to identify oneself to persons when requested

7. Encouraging or assisting another person to commit any act of misconduct

8. Sexual harassment of a student or district employee
   Chapter 132F-419 WAC
   As an institution of higher education, it is important that we foster an environment which is free of sexual harassment and set an example as a place where people treat each other with consideration and respect. Sexual harassment will not be tolerated at this college.

   Sexual harassment is defined as: unwelcome or unwanted sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature. Some examples of sexual harassment include:
   • Sexist humor or remarks
   • Remarks about one’s physical appearance which implies sexual interest
   • Showing nude or sexual pictures
   • Sexual graffiti
   • Written communications with sexual overtones
   • Pressure for dates
   • Unsolicited kissing, patting or fondling
   • Requests for sex in exchange for grades or employment
South Seattle Community College is committed to providing an environment in which students and employees can study and work without sexual intimidation. If you feel you have been subjected to this behavior, you may contact the Affirmative Action Officer at (206) 768-6415, the Vice President of Student Services at (206) 768-6763, or the Instructional Administrator for your program area.

Brochures concerning this issue are posted throughout the campus and are available in many college offices.

9. **Smoking inside a campus building or where smoking is not authorized**
Smoking is prohibited in any building on campus. In addition, state law WAC 296-62 requires the College to “minimize the infiltration of environmental tobacco smoke from sources outside the building.” To meet this requirement, smoking is prohibited within 25 feet of the entrances to campus buildings and “No Smoking” signs are posted in these areas. Smoking shelters are available in several locations on campus to accommodate smokers during inclement weather.

10. **Possession, consumption, or being under the influence of narcotic drugs or controlled substances, or selling any such drug or substance.**
Student Life Mission Statement
Student Life is a network of Service and Activities Funded departments committed to providing:
meaningful services; activities and communications that build community; ensure academic success;
encourage creative expression, personal growth, and well-being; foster diversity and social justice; and
promote student advocacy and leadership.

Conference Room
Our conference room JMB 128 can be booked for SSCC meetings by emailing dbeebe@sccd.ctc.edu. The
room is suitable for groups of fewer than 20 people.

Facsimiles
Local faxes can be sent from Student Life for a fee.

Lost and Found
Lost and Found is located in Room 135. Please bring lost items here daily, or phone 764.5332 for missing
items. Lost and Found is open Monday-Friday, from 8 a.m. – 4:30 p.m.

Student Lounge
Our lounge, in Room JB 134, is a bright comfy room where students can study, use the microwave, make free
local phone calls and enjoy a free cup of coffee or tea.

For Rent
We have a bulletin board in our department where housing (rooms, apartments, houses) rentals are
listed. The bulletin board is located just outside of the Games Room. If you have a rental you would like to
advertise, please come to Room 135 to have your rental ad approved for posting.

Art Gallery
JMB 109, next to Bookstore, 206.764.5184
http://studentlife.southseattle.edu/art.html

The Art Gallery provides the South campus and surrounding community with a variety of visual learning
experiences through diverse art programming. The Art Gallery also hosts two annual exhibitions of student
work which features the creativity and vision of South’s students. Check the Art Gallery website to find out
about upcoming film screenings, lectures, opening receptions and Gallery hours. Gallery events are free.

Buying and Selling Used Textbooks
(Textbook Exchange Bulletin Board)
North Hall of JMB
http://studentlife.southseattle.edu/bookexchange.html

Want to buy a used textbook or need to sell your old book? Check out this bulletin board, located at the
north entrance of the JB Student Center. This self-service board, organized by the SSCC Student Government,
provides information for students to buy and sell books from other students at great savings.

Postings
Student Life approves flyers for South events only. For off-campus events, please take flyers to the Public
Information Office, RS 159.
Campus Recreation and Fitness Center

Fitness Center, MPB Fitness Center, 206.768.6471
Game-Room, JMB Room 151, 206.768.6670
http://studentlife.southseattle.edu/recreation.html

Fitness Center
The Fitness Center offers a variety of workout and exercise equipment, such as cardio, free and universal weights, as well as gravity resistance. The facility offers students opportunities to achieve their personal physical goals, network with other students and provide a healthy way to spend recreational time on campus.

Game-Room/Equipment Check out Room
The College’s Game-Room includes ping pong tables, a pool table, videogames, television, as well as sports and recreational equipment that can be checked out with a current student ID. The Game-Room provides students the possibilities of engaging in recreational activities while networking with other students.

Intramural Sports
Intramural Sports programs include soccer, softball, basketball, and volleyball. Through SSCC intramural sports, students can learn the fundamentals of sports organizations. They can also develop team building skills and have a fun/healthy outlet different from traditional classroom learning.

Outdoor Sports Courts
The outdoor sport courts facilities include a full length basketball court, two tennis courts and a volleyball beach court. The outdoor sports courts provide students facilities to pursue other sports venues and opportunities for continuing education through exercise equipment.

Child Care Center
Bldg. 148, 206.764.5348
http://studentlife.southseattle.edu./childcare.html

The center has provided quality campus childcare for children of SSCC students and employees for 30+ years! It is a place where children can develop positive attitudes about themselves and others, participate in age-appropriate learning experiences, gain skills to deal with life situations and develop knowledge about their world. The center provides a welcoming and supportive environment for families created by a professional staff trained in early childhood education. It offers flexible scheduling, affordable rates, and a convenient on-campus location. For current information about program eligibility and rates for the toddler and preschool classrooms, please call 206.764.5348.
Club Center (Student Clubs and Organizations)
JMB 142, 206.764.5330
http://studentlife.southseattle.edu/clubs.html

Are you interested in joining a club or starting your own on campus? Well, here is your chance to get involved, learn new leadership skills and make lifelong friends! To find out when these clubs meet, contact the Club Center Coordinator. Examples of the types of clubs include:

- **Academic Honor Fraternity** - groups associated with a particular major or subject area. Membership is by invitation only.
- **Activity** - variety of groups assembled to pursue a particular interest
- **Cultural** - groups that organize to support, educate, and inform others about a specific cultural group or traditions (i.e. Chinese Student Association, Somali Student Association)
- **Curriculum** - groups associated with a specific department, major, or subject area, membership is open to all those interested
- **Leadership Organizations** - groups that have an affiliation with a nationally recognized organization
- **Religious** - groups affiliated with a particular belief system or denomination
- **Service** - groups interested in providing service to the community at-large
- **Social Action** - groups bringing awareness to a particular issue and providing opportunities for social interaction based on similar interests
- **Sport & Recreation** - sport enthusiasts competing and interacting on non-divisional competition levels

Sentinel (Student Newspaper)
JMB 119, 206.764.5333
http://dept.seattlecolleges.com/thesentinel/

Written and edited by the students at South; The Sentinel is your source for campus news! Pick up your copy on campus or at select locations off campus. Call or visit for information, to submit a story idea or to place a classified ad (free for students!) The Sentinel welcomes student editorials (sentineleditor@sccd.ctc.edu) and will publish them as either guest columns or letters to the editor. The Sentinel reserves the right to edit for content and length.

Services and Activities Fee Board
JMB 135, 206.764.5332
http://studentlife.southseattle.edu/index.html

S&A Fees are quarterly fees that some students pay as a part of their tuition/registration fees. The purpose of the S&A Fee Board is to monitor S&A fee allocated funds/departmental expenditures throughout the academic year, allocate S&A fee monies on an annual basis, develop and maintain long term fiscal plans for S&A Fee Carry Forward/Savings, and develop guidelines and address issues related to S&A Fees. The S&A Fee Board is made up of Seven Students representatives from Student Government, Student Clubs and Students at Large).

Student Leadership
JMB 126, 206.768.6750
http://studentlife.southseattle.edu/leader.html

Develop and cultivate your leadership and personal skills by attending a variety of free monthly workshops on campus with core themes of student activism, communication, self-knowledge and service learning. The workshops are lead by SSSC faculty, staff, and guests, and topics include conflict resolution, public speaking, event planning, stress management and more. Attend these sessions and apply them to your student leadership development transcript (more information below). There will also be opportunities through-out the year to attend local and regional conferences, such as the November Northwest Student Leadership Conference at Portland State University, and the Students of Color Conference in April.
Student Development Transcript
JMB 126, 206.768.6750
http://studentlife.southseattle.edu/pdf/studentdevelopmenttranscript.pdf

The Student Development Transcript is an official record of your service and involvement at South Seattle Community College. It is similar to a resume, which lists activities you have participated in, such as student clubs, student government, campus-wide committee assignments, sports, and more! You can use this document, which is separate from your official academic transcript, to apply for university admissions scholarships, jobs and other campus experiences! Pick-up a form in the Student Life office or visit the link above and have your advisor verify your attendance.

Student Government: United Student Association (USA)
JMB 131 / 135, 206.768.6752
http://studentlife.southseattle.edu/government.html

The United Student Association is your representative student body at South, comprised of passionate student advocates to represent student interests and concerns. We are dedicated to supporting your academic and personal goals through a variety of innovative programs and activities. Students are encouraged to come to us and voice their input in any matter; with your participation we are better equipped to represent you.

Involve yourself and be a part of your student government, be an integral part of your campus by attending our weekly USA meetings in JMB 128 or apply for our paid positions and be an advocate yourself! For additional information, please call 206.768.6752 or contact the USA President at ssc cusapresident@sccd.ctc.edu.

Universal Technology Fee (UTF)
These fees, voted into effect by SSCC students throughout the District, are paid by every student taking 4 or more credits per quarter. Technology fees are used to upgrade the computer systems, programs, labs as well as provide many other services for students. The fee ($3 per credit, not to exceed $30) is kept separate from tuition to support technology needs for students at SSCC and should not be confused with the lab fees associated with particular classes.

UTF Committee
This committee meets regularly throughout the academic year to allocate the collected fee dollars. The purpose of the committee is to review applications for funds and decide on which items are to be funded. There are 5 student positions (open to all students) on the UTF committee. Committee Members are selected every Fall quarter; if you are interested in a committee position, please contact the Office of Student Life (206.764.5332).
Diversity and Retention
Director Contact Info: RSB 158, 206.768.6455
http://www.southseattle.edu/resources/diverse.htm

We are a network of departments working together to advocate for your needs as a college student. To support your success, we provide leadership opportunities, academic resources, and multicultural education.

- American Ethnic Studies 201Z: Diversity & Social Justice Class
- Diverse Readings to Understanding Multiculturalism (DRUM) Book Club
- The Mentoring Project

Frequently Asked Questions
What does "Diversity & Retention" mean?
Students who go to school here are diverse, coming from different ethnic and religious groups, sexual orientations, economic backgrounds, etc. We work together to ensure the campus as a whole is educated about different cultures and creates a safe and inclusive place for all.

What can I do in the Cultural Center and Women's Center?
Our centers are open and inclusive spaces where you can hang out, use a computer, study, talk to other students or get advice from the staff, and access any of our services and resources.

Can men use the Women's Center space and services?
Absolutely! Men are welcome to use the space and services as well as attend our programs. Issues of women and gender inequality affect us all.

What is the Textbook Loan Library (TLL) and how can I get a book?
Through the TLL, you can check out one free textbook per quarter based on availability. We check out books on a first come first served basis so come with a completed application on the first day of the quarter. You can pick up an application at the Cultural Center.

What events do you sponsor?
We host many events that promote campus diversity and inclusiveness. Our events include educational speakers, movie screenings, and multicultural celebrations such as National Coming Out Day, Women's History Month, and the Native American Salmon Bake.

Do I have to be a member to use these services or attend events?
No. You are always welcome and encouraged to attend our events and use our services.

How can I get involved?
There are several ways to get involved with our programs and departments. Feel free to stop by the centers or call the coordinators to sign up for event volunteering or find out about future employment and student leadership opportunities.

The Cultural Center
Coordinator Contact Info: JMB 146, 206.764.7950

- Multicultural Programs & Ethnic Heritage Celebrations
- The Textbook Loan Library (TLL)
- A Welcoming & Inclusive Space

The Women's Center
Coordinator Contact Info: JMB 148, 206.768.6831

- Resources & Referrals for Healthcare, Parenting, Housing Needs, and More
- Events and Programs that Address Issues of Women and Gender Inequalities
- Regular, Drop-In Support Group Sessions
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**Our Students are Successful!**

2004 South graduate C’Ardiss Gardner (“CC”) received a BA in African American Studies from Yale University in June 2008, and has been accepted to graduate school at Wesleyan University.
Fall Quarter Begins.

Last day to withdraw with 100% refund (less $5).
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Last day to add/register. Instructor permission required. Last day to change audit/credit status without instructor permission. Last day to withdraw without a "W" appearing on transcript and without instructor permission.
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Last day to withdraw with 50% refund.
Born and raised in Seattle, Washington, Kyle Shaffer is a sophomore, studying Business. Kyle was last year’s Student Body President. He plans on applying to the University of Washington’s School of Business. Kyle recently spent 10 months studying in Japan. He would very much like to return in the not too distant future, and believes that every student should consider studying abroad.
Registration begins for returning students for Winter quarter.

Last day to change audit/credit status for Fall quarter. Instructor permission required. Last day to withdraw (no refund).

Registration begins for new students for Winter quarter.

Veterans Day Holiday

Thanksgiving Day

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Fall quarter ends.

Christmas Holiday

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- Winter quarter begins.
- Last day to withdraw with 100% refund (less $5).
- Last day to add/register with Instructor permission required.
- Last day to change audit/credit status without instructor permission. Last day to withdraw without a "W" appearing on transcript and without instructor permission.
- Last day to withdraw with 50% refund.
- Martin Luther King Jr. Day Holiday
- Last day to withdraw with 50% refund.
I believe that choosing South has been one of my best decisions. Not only does the college have great programs but also is a great and safe environment with a wonderful staff and administration.

~ Emma Schuster, student
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Tram (Tammy) N. Tan, Running Start student (L) and Abeba Vandenburgh, College Transfer student (R) were selected as South’s representatives to the All-Washington Academic Team, which honors Washington state community and technical college students for academic achievement and community service. Each student scholar received a medallion, a $750 scholarship, and were recognized by Gov. Christine Gregoire. To learn more about the All-Washington Academic Team, go to http://www.spscc.ctc.edu/allwa.
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- Last day to withdraw with 100% refund (less $5).
- Last day to add/register.
- Instructor permission required.
- Last day to change audit/credit status without instructor permission. Last day to withdraw without a “W” appearing on transcript and without instructor permission.
- Last day to withdraw with 50% refund.

Spring quarter begins.
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Memorial Day

Last day to change audit/credit status. Instructor permission required. Last day to withdraw (no refund).

Registration begins for returning students (Summer and Fall).

Registration begins for new students (Summer and Fall).
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Spring quarter ends.

Summer Quarter begins.
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- **June 2009**
- Independence Day Holiday
- Last day to withdraw with 100% refund (less $5).
- Independence Day Holiday
- Independence Day
Last day to add/register. Instructor permission required.
Last day to change audit/credit status without instructor permission. Last day to withdraw without a "W" appearing on transcript and without instructor permission.

Last day to withdraw with 50% refund.
Former Upward Bound participant Johann Strauss (L) was a teaching assistant in the program during the summer of 2008, working with students including his brother, Eric (R), a second-year participant. More than 100 area high school students spent part of their summer on the South campus, participating in programs to help them succeed academically.
Last day to change audit/credit status (instructor permission required). Last day to withdraw (no refund). Summer Quarter ends.
Arboretum
North side of north parking lot, 206.764.5396
http://dept.seattlecolleges.com/arboretum

The college maintains a beautiful arboretum. It is a park-like setting with walking paths, multiple specialty gardens, a reflecting pool, and a large gazebo. Many campus and community visitors enjoy the serene tranquility of the area and the spectacular view of Elliott Bay and the Seattle skyline. This is a great area for quiet study, outdoor lunches and meeting friends!

Cash Machine
JMB across from the Bookstore

One Bank of America Cash Machine is available on campus; access to the machine is restricted to Monday – Friday, 7:00 am to 8:00 pm.

Cashiers Office
RSB (next to Registration Office), 206.764.5388
http://www.southseattle.edu/campus/facility/Department.asp?number=22

The Cashiers Office accepts payment for tuition, fees and parking permits. Checks, cash, money orders, Visa, MasterCard, American Express and Discover may be used for payments. For after-hours payment, there is a secured mail slot located in the exterior wall of the Cashiers Office. The newest way to make all of your tuition and fee payments is to visit https://sccdweb.sccd.ctc.edu/seasou/webxfer/waci600.html. You will need your Student Identification number (SID) and Personal Identification Number (PIN) to access this feature.

Chinese Garden
North side of the north parking lot, 206.282.8040
info@seattlechinesegarden.org

Visit the Song Mei pavilion, designed and fabricated in Seattle’s sister city, Chongqing, China, and assembled here by a team of Chinese artisans. This authentic Chinese pavilion is the first of many planned structures in the six-acre Sichuan-style garden. Learn about garden news and activities by become a member of the Seattle Chinese Garden Society. Receive special invitations to Chinese arts and cultural events, advance notice on classes and seminars and our informative quarterly newsletter.

College Council
http://dept.seattlecolleges.com/ssccccollegecouncil

The College Council as a representative body is responsible for advising the President’s Cabinet on policy proposals that affect members of the SSCC community outside of any one department or constituency. Members of the Council include students, classified staff, exempt professionals, and faculty. Meetings are open to the SSCC community. Meeting dates, rosters with contact information, minutes, and more can be found on the Council website.
College Transfer Center
UNI 102B, 206.768.6777
http://www.southseattle.edu/resources/transctr.htm

The SSCC College Transfer Center offers help to those seeking to turn an Associate of Arts or Associate of Sciences degree into a Bachelor's Degree. The SSCC Transfer Center sponsors workshops throughout the quarter, brings representatives and admissions officers from four-year colleges and universities to SSCC, and coordinates visits to four-year campuses. It is very important to meet with an advisor to discuss requirements and the transfer process.

University Partners
City University
UNI 102A, 800.422.4898 x5297, www.CityU.edu/SSCC

Eastern Washington University
UNI 102A, 425.564.5100, www.ewu.edu/sscc

Heritage University

South Seattle Community College has university partners on campus offering Bachelor's degrees. Students may stop by their offices for information on their programs.

Continuing Education Programs (CED)
OLY 130, 206.764.5339
www.learnatsouth.org

CED offers a wide variety of classes and workshops for professional and career development, personal enrichment, or just for fun. Non-credit classes may be taken for continuing education units (CEU) or clock hours. Over 200 classes are offered throughout the quarter as well as 300 classes available online. Topics include Certified Financial Planning, computer software, vocational teacher training (CTE), and a wide range of lifelong learning classes including dancing, floral design, pottery, cooking, languages, recreation, and art.

Senior Adult Education
CED, 206.764.5339
www.learnatsouth.org

We offer courses designed specifically for older adults at both on-campus and community sites. Classes cover a wide variety of topics and provide for that most valuable experience, the joy of lifelong learning.

Copy Center
LIB, 206.768.6662
http://www.southseattle.edu/campus/facility/Department.asp?number=34

Copy machines for student use are located in the Library. Copy Center hours are from 7:30am - 7:00pm, Monday through Thursday and 7:30 am - 4:00 pm on Fridays. The Copy Center sells copy cards for $3, $5, and $10 plus tax. All services are operated on a cash basis.
Recognizing the unique needs of our Evening Students, we’ve assembled some information that we hope will be useful and enhance your educational experience here at South.

**Advising for Evening Students**
Monday through Thursday evenings from 4:00 pm – 6:30 pm  
Monday through Friday between 8:00 am – 3:30 pm  
Some Saturdays. Look for special hours.  
Email: advisorsouth@sccd.ctc.edu

**Registration for Evening Students**
206.768.6441  
Kim Loan Hoang is available in the Registration area (RSB) until 6:30 pm, Monday through Thursday. She can help with Registration issues and take photos for student ID cards.

**Food Services**
http://www.southseattle.edu/campus/facility/Department.asp?number=134

The dining rooms open during quarters only. The Food Court is closed on the last day of each quarter. All food is prepared and served by the Culinary Arts and Pastry students.

**Alhadeff Grill Dining Room**
206.764.5344  
http://southseattle.edu/campus/facility/Department.asp?number=149

The Alhadeff Dining Room offers delicious gourmet food, salads, and a selection of hot entrees at moderate prices with waited service. Walk-ins welcome, reservations encouraged; this dining room occasionally closes for private parties or special events.

**Café Alki Dining Room**
206.764.5344  
http://southseattle.edu/campus/facility/Department.asp?number=150

The Café Alki offers salads and soups, a club sandwich, and a selection of hot entrees at moderate prices served by Culinary Program students. Walk-ins welcome, reservations appreciated.

**Bernie’s Pastry Shop**
206.764.5818  
http://southseattle.edu/campus/facility/Department.asp?number=54

Offers retail take-out items, such as cookies, candies, cakes, pies, and breads prepared by the SSCC Pastry program students. Grab a sweet snack between classes, or to take home. Special orders welcome.

**Food Court**
CAB, 206.764.5344  
http://southseattle.edu/campus/facility/Department.asp?number=17

Culinary Arts students provide food service in multiple outlets available to the campus community. The newly remodeled Food Court area offers a variety of options. Complete meals are available from the hot line. The Frill area offers both breakfast and lunch items cooked to order. The deli has sandwiches made to order, along with a variety of specialty salads and food items. Many salad and sandwich items are prepackaged and available for take-out.
Garden Center
LHO, 206.764.5323
http://www.southseattle.edu/campus/facility/Deparment.asp?number=101

We carry Felco tools, unusual perennials, deciduous and broadleaf shrubs, native plants, groundcovers, and houseplants. The Garden Center offers workshops in the spring. Please call, drop by, or check the calendar on the website for Garden Center events and a complete list of events and sales!

International Programs Office
RSB 11, 206.768.6478
http://www.southseattle.edu/international

This office provides assistance for international non-immigrant students in the areas of admissions, advising (including academic and immigration), cross-cultural communication, and American-style study skills; it also assists students and faculty members seeking education opportunities overseas.

Online Services
Visit http://www.southseattle.edu/services and you can:
• plan your schedule and register
• check your registration appointment time
• view your quarterly class schedule
• check the classes you are waitlisted for
• pay tuition by credit card
• email an advisor
• check your financial aid status
• view your grades
• update your address, email or phone
• change your Personal Identification Number (PIN)

Running Start
RSB (behind the Registration counter), 206.764.5805
http://dept.seattlecolleges.com/running/index.html

Running Start is a program for high school students who are at the 11th or 12th grade level, and whose test scores place them in college level coursework. They have the opportunity to take college transfer and professional technical courses for high school and college credit at the same time. The courses are free, while books and transportation are the responsibility of the student.

Student Anthology
RSB 174, 206.768.6457

Take the opportunity to show off your creativity and get published! The Student Anthology is a collection of original writings, art, and photography by South Seattle Community College students. Look for the “Call for Submissions” in Fall and Winter quarters or drop by RSB 174 for more information.

Student Outreach, Admissions, and Recruitment Office
RSB 55, 206.768.6691
http://www.southseattle.edu/campus/facility/Department.asp?number=66

Want to show off your campus to friends and family? Do you know someone who is interested in coming to South? Are you interested in promoting the college by volunteering to go to college fairs or lead tours? SOAR is the office that coordinates campus tours; college representation at college fairs, school and community events; and we work with people who are interested in coming to South.
TRiO Student Success Services  
RSB 66 and 67, 206.764.5326  

If you are the first in your family to attend college, are low income, or have a documented disability, you may be eligible for this federally-funded program. At Student Success Services you can find academic and personal support for your college dreams, including advising, social activities, assistance with applying for financial aid and scholarships, assistance creating an educational plan to complete your two-year degree and transfer to a four-year school.

U.S. Postal Service Mailbox  
There is one U.S. Postal Mailbox on campus located outside of the west entrance to the Robert Smith Building. Stamps and envelopes are for sale in the Bookstore (south hall of JMB).

Vending Machines  
All vending machines accept $1 bills and coins. Some also accept credit cards.

If you experience problems with any vending machine, please contact the Office of Student Life (206.764.5332). Please tell the staff person at the front desk the location of the machine, the type of product sought (hot beverage, cold beverage or snack), and what went wrong, so that the machine can be serviced.

Veteran Affairs Office  
RSB 53, 206.764.5811  
http://www.southseattle.edu/campus/facility/Department.asp?number=80  

This office provides assistance regarding veteran-entitled benefits, such as preparing VA application forms and documentation required by the Department of Veterans Affairs. We also provide assistance in documenting military training for college credit.

Worker Retraining for Unemployed and Dislocated Workers  
RSB 61, 206.764.5835  
http://www.southseattle.edu/programs/workerretr.htm  

Students who are currently receiving Washington State unemployment benefits, have received Washington State unemployment benefits within the last 24 months, or are facing the prospect of a layoff, may be eligible for financial assistance to begin a career training program through the Worker Retraining Program.

WorkSource  
RSB 79, 206.764.5304  
http://http://careerservices.southseattle.edu  

WorkSource ensures student success by providing students support in securing student and career jobs.

Career jobs are professional positions after graduation. SSCC WorkSource works with most workforce development programs on campus to coordinate employment before or after graduation with the best employers in the Seattle region.

WorkSource has a complete set of career development services year around for all students.

WorkSource Resource Center includes:

- Full and part-time job listings that are updated daily.
- Computer stations loaded with special software for job search and labor market research.
- Assistance creating effective resumes and cover letters.
- Funding Access to community partner agencies that can provide tuition assistance, bus passes, gas money, textbook financial support, and other support services to eligible students.
- Orientations and information about SSCC’s Internship Program are available through WorkSource.
First Friday

New Student Convocation Resource

Create Your Campus Resource Directory
Why Diversity is Important
Leadership Fact Sheet
Note-taking: Taking Effective Notes
Library Resources
Time Management
South Seattle Community College has many services and people to help you achieve your goals. Learn about campus resources even if you don’t need them. A successful college student knows where to go if and when problems arise.

**Campus Security:** 206 235-0911
**Lost & Found:** 206 764-5332; website: [www.southseattle.edu](http://www.southseattle.edu)

Locate these places on the Campus Map:
- Registration & the Dean of Enrollment Services
- The Financial Aid Office
- MAST
- Tutoring Center & Disability Support Services
- Writing Center
- The Library & Instructional Resource Center
- Advising/Counseling
- Student Centers (including the Club Center, Cultural Center Women’s Center & USA Offices)
- The Fitness Center & Recreation Area (Game Room and equipment loan)
- The Bookstore and used textbook buy/sell options
- SSCC website and Student Online Services
- Worksource (including internship office)

**Additional Resources**

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*There are several resources for each question. Take a look at our suggestions at [http://sites.google.com/a/southseattle.edu/triosss/Home/finding-help](http://sites.google.com/a/southseattle.edu/triosss/Home/finding-help)

Expand this directory. Anticipate your potential needs and find resources to address them now, rather than when you’re feeling the stress. Most importantly, don’t hesitate to ask for help …you’ll be amazed at what you find and you’ll become a resource for your classmates and friends.
We are all diverse. We all have culture. However, we have been taught and it has been reinforced that some cultures are better than others. That some cultures are more diverse than others. We all have diverse cultures, traditions, backgrounds and beliefs. It is important for us to heighten the awareness of our cultural diversities and the perceptions we have of other cultures.

We should be proud of the cultures that we belong to and want to share with others. We believe people are different and seeing our differences is okay. To assume we are all the same, is the melting pot theory which allows no one to be different. We celebrate diversity.

For so long, the achievements and contributions of people of color were not included in the History textbooks and classes. Racism was at the heart of our country’s inception so even in this day and age, we don’t know about what successes people of color have obtained. By learning about diversity we are reminded that all people are an integral part of the United States of America. This is a time for all people to educate themselves about all cultures. This is not just History - it is our history, our present and our future.

Culture and Cultural Identity

It is important to see yourself as a cultural being and to try and understand your own cultural identity before you begin to try and talk about cultural aspects of other people.

Many people, particularly those with memberships in dominant groups, have never thought of themselves as having a culture. Yet, everyone does have their own cultural identity and can benefit from cultural awareness education.

The concept of culture is not always easy to explain, the following are some notes that may help you understand the idea of culture.

Nonverbal Communication Across Cultures

Social Distance

Different cultures have different average distances that people stand to talk to each other. Of course, this varies according to the circumstances and the relationships of the people.

- U.S. mainstream culture: people stand about an arms’ length away.
- Latino, Middle Eastern and Southern European cultures: people generally stand closer than in the U.S., especially with someone of the same gender.
- Northern European cultures, many Asian cultures, come African cultures: people usually stand farther apart than mainstream U.S. culture.

Touching

Where, how and how often people can touch each other while conversing are determined by each culture’s norms.

- In many cultures, some touching is acceptable between people of the same gender, but not between males and females, even husbands and wives, if they are in public.
- Males holding hands has no connotations except friendship in many countries in the Middle East, Asia, and Africa.
- Touching cultures include: Latino, Middle Eastern, Southern European.
- Non-touching cultures include: Mainstream U.S., Northern European, and many Asian cultures.
Volume of Voice
- Children in many cultures, including many Asian, American Indian and Latino cultures are taught that a soft voice is polite, a loud voice is rude. The good child is a quiet child. Children from these cultures may perceive that U.S. American teachers are "yelling" at them.
- Some other cultures have a louder conversational volume than mainstream U.S. culture. A U.S. American teacher may judge these children of families as “yelling” at each other.

Eye Contact
- In mainstream U.S. culture, people feel that there is no human contact without eye contact. People are expected to make eye contact 80% of the time when they are listening. Lack of eye contact is judged as lack of attention, lack of interest, low self-esteem, or dishonesty.
- Many cultures follow elaborate patterns of eye avoidance. In many Asian cultures, many indigenous North and South American cultures, many Latino cultures, and many African cultures, eye contact can be judged as rude, disrespectful, aggressive, or flirtatious, especially with higher status people.
- Within some African-American families, eye contact is used less than in the mainstream culture. When it is used, eye contact can have different meanings. Other African-American families share mainstream expectations.

Timing of Verbal Exchanges; Silence
- U.S. mainstream: People expect and immediate response when conversing. Silence makes people uncomfortable.
- Some other cultures: People expect silence before the response. To respond too quickly indicates lack of proper attention to the other person. What is not said may be more important than what is said.

Gestures
- Come Here Gesture (beckoning with an upturned finger): In many Asian countries, it is a gesture for calling a dog, gesturing to a prostitute or starting a fight. In Ethiopia, it is also a gesture for calling a dog. In much of Latin America, it is an arrogant condescending gesture.
- Pointing with a finger especially at people, sometimes even at things is considered very rude in many cultures. In Hmong culture, pointing at someone means “I’m going to kill you.” Some cultures point with their bottom lip or chin.
- In many countries in Asia and the Middle East, Heads are high, feet are low. Therefore, to point at someone or something with your foot, to have the bottom of your foot facing someone, or to step over someone is very insulting.
- OK: Obscene in Afghanistan, Brazil, Turkey, Greece, Malta and some Asian cultures. It means zero in France, Belgium, and parts of Southeast Asia. It is a threat in Tunisia.
- Good Luck (crossing your fingers): Obscene in Southeast Asia, Argentina, the breaking of friendship in Greece and Turkey; ok in parts of Italy.
- Shame on you (rubbing one index finger across the other): Obscene in parts of Mexico
- Thumbs Up: Obscene in much of the Middle East and Australia.
- Slitting One’s Throat: U.S. - “I’ve had it; cut, stop what you are doing.” Swaziland - “I love you.” Laos - “I am going to kill you.”
- “V” for Victory (palm facing self) : Obscene in England and Australia.
- Talking with Your Hands: Considered undignified in some Asian cultures.

Smiles
- In Southeast Asian cultures, a smile can be used to cover anger, embarrassment or feelings of being upset. It can be used to express thank you or I’m sorry or an indirect no. It is also the proper response for a child who is being scolded to show that she/he acknowledges the mistake or accepts the criticism without bad feelings.
- In some cultures, one is expected to have a “public face” that is different from the “private face.” In Russia, for example, a smile is not appropriate when passing strangers on the street or shopping in the markets. It is reserved for family and friends at home.
"You must be the change you wish to see in the world."
- Mahatma Gandhi

(Indian philosopher internationally esteemed for his doctrine of nonviolent protest 1869-1948.)

Leadership activities can help you learn about yourself and the world. As a leader, you will develop planning, decision-making and people skills in order to complete projects and make positive changes. Being a leader can be hard work, but it is also rewarding and fun.

There are many ways to become a leader at South—you can be a:
• Student government officer
• Club member or officer
• Cultural Center Commissioner
• Student Success Mentor
• Peer Navigator
• International Programs Ambassador
• Student representative on a campus committee
• Volunteer for a community service project

Many leadership positions are paid.

South offers leadership workshops and opportunities to attend conferences, such as the November Northwest Student Leadership Conference at Portland State University, and the April Students of Color Conference.

You can also, of course, be a leader in the classroom. Think about how you can develop critical thinking, problem solving, and communication skills while working on your group projects. Role model respectful and compassionate behavior.

Why do employers value leadership experience? Employers find that candidates with leadership experience work well with co-workers while motivating them to give their best performances. Leaders also know how to responsibly prioritize and balance goals, plan for the future, and take the initiative on projects to actualize good ideas.

Your leadership experience at South can be applied toward an official record of your service called the Student Development Transcript. Like a resume, it lists all of the positions you held and the projects you were involved with. You can include this document in your transfer, scholarship and job applications.

For more information on how to get involved on campus, contact Monica Lundberg in the Office of Student Life. Email: mlundberg@sccd.ctc.edu
Although college students are expected to know how to take notes, it is a skill that is rarely taught in school. This break-out session will address students’ questions about note taking, offer valuable tips on how to take effective notes during class and while reading, and convey how good notes can help to improve concentration, listening skills, discussion preparation, and test scores. Various note-taking methods will be demonstrated, and students will then have an opportunity to practice taking notes. Students will be given some tip sheets, links to helpful websites, and sample notes to keep.

The Cornell Note Taking System
Before you begin taking notes, draw a line down the left side of your paper, creating a 2 ½ ” “recall” column. Then, after the lecture, condense your notes as key terms and summaries—and write these in the left-hand column. The concise information will help you to study the material later. They serve as cues for reciting, reviewing, and reflecting.

<table>
<thead>
<tr>
<th>Recall Column</th>
<th>Recording Column</th>
</tr>
</thead>
<tbody>
<tr>
<td>After you finish recording notes in the large column, condense the main ideas and facts concisely in this small column.</td>
<td>Use this large column to take notes during the lecture as fully and meaningfully as possible.</td>
</tr>
</tbody>
</table>

**Why take notes?**
- To listen or read carefully
- To stay engaged in the material presented; to avoid being distracted
- To better understand and remember the material
- To prepare for tests
- To know what the key points are
- To have something to review prior to taking exams or writing a paper
- To know what questions to ask

**What do you write down when taking notes?**
- What the instructor writes on the whiteboard
- Unfamiliar terminology
- What the instructor repeats or emphasis
- Summarized and reviewed material
- Due dates and assignment instructions

**Ineffective methods:**
- Shorthand notes - need to be transcribed and takes too much time
- Recording on tape - time consuming to listen to and take notes from
- Rewriting notes - although adding to your original notes after class is a good idea, rewriting them entirely would take too much valuable time
How to be most efficient when taking notes:

- Record
- Reduce
- Recite
- Reflect
- Review

- Be organized: Keep notes for each class in ONE place, not on random scraps of paper that could be lost.
- Use the 2-column “Cornell” note taking system
- Don’t attempt to record every word you hear or read. Be brief - use phrases and keywords. Plan on adding details later.
- Use abbreviations whenever possible
- Record facts, definitions, and formulas exactly
- Use an outline, numbering system, or bullets
- If you miss something, leave a space with a question mark and ask the instructor about it later
- Be accurate: try not to change the meaning of what’s being presented to you
- Review your notes regularly throughout the quarter

Ask questions and communicate with your instructor!

- Weather it’s during the class presentation or the next day, ask the instructor about things you don’t understand. Communicate so that teachers will know what you need from them. Don’t let what you perceive as your own ignorance keep you from asking questions. Most of the time, one student’s question is what over half the class wanted to ask but didn’t - because they were afraid of looking “dumb.”

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Getting Beyond Google: Smarter Web Searching

Google and other search engines are great resources: they’re free, they’re easy to use, and they provide lots of fast results. But when you’re doing academic work, searching the open web has its disadvantages: too much information, and much of it is not credible. After all, anyone can post a website. How do you know you can trust the content? Also, do you have time to look through millions of results? Let the library give you some better options.

ASK US! Remember that librarians are here to help you with your research questions. We can point you in the right direction, suggest sources you might not have considered, or help you when you are stuck. You can email us, call us, or visit us at the reference desk.

If you are using a search engine like google, use the “advanced search” feature. In the “domain” field, type “.edu” or “.org” so that you don’t get commercial websites. You can also limit your results to more recent websites from the last year, month or week.

Be careful about your search terms. For example, if you are looking for information about CIGARETTES, you might also want to use the words NICOTINE or TOBACCO also. Think about related terms and synonyms. If you are looking for information about CLIMATE CHANGE, you should search on GLOBAL WARMING too.
Google Alternatives

There are web directories that have screened the web for you, so you don’t have to worry about accuracy, or whether the content is too old and out of date. These are searchable sites, and you’re likely to save time and find better information. Try the following:

• http://www.lii.org organized by subject area, searchable, and updated frequently with new sites.
• http://www.infomine.ucr.edu an academic search engine, with sources appropriate for college research.
• http://scout.wisc.edu/Archives/index.php over 24,000 websites searchable by keyword.

Four Steps to the Research Process

Starting a research paper can feel overwhelming. If you break down the process into steps, it will feel more manageable.

1. Define your research question
2. Determine your search terms
3. Identify your sources
4. Evaluate your sources

Step One: Define Your Research Question

• What kind of question are you trying to answer? Do you need opinions, statistics, history or an overview?
• Is your topic too big or too small? Example: Cigarette smoking. (too big!)
• If you need ideas for a topic, try reading the daily newspaper and see what stories interest you.

Step Two: Determine your Search Terms

• Brainstorm words related to your topic. Remember to consider synonyms or related terms.
  Example: cigarettes, nicotine, tobacco
• Start with a keyword search in the library catalog, or an abstract search in databases

Step Three: Identify Sources

• Reference Sources: print or online, use specialized encyclopedias or dictionaries as a starting point to get a basic overview
• Books: look at the library catalog with a keyword search on your topic
• Periodicals: use the library databases to find newspaper, magazine and journal articles
• Free websites: try using http://www.lii.org/ or http://www.dmoz.org/ instead of google to find the best free websites on your topic. Use these as supplementary information instead of a starting point.

Step Four: Evaluate Your Sources

• Do your sources fit for your information need? Are they appropriate for college level research?
• Do you trust the accuracy of the content? What is the author’s perspective and background?
• Is the information recently published? Is the information biased?

Need More Help?
Visit our website at: http://dept.seattlecolleges.com/sslib/askus.asp, call (206) 768.6408 or email us at ssccrefdesk@sccd.ctc.edu. Or visit us!
What is Time Management

Time management is the use of methods that help you feel in control of your life. If you often feel that you do not use your time efficiently because you procrastinate, waste time on trivial things, feel out of control of your schedule, or over-commit yourself, then you probably mismanage time. Time wasted can never be regained! Time management involves sound planning combined with good habits. You can learn tools to help you treat time as the limited resource that it is.

How Do People Mismanage Time?
Here are some common time wasters:
• Attempting too much at once. Taking on too many projects, taking too many classes, or agreeing to too many social events.
• Procrastination. When you put off until tomorrow what can be done today, you lose “today” forever.
• Doing it myself (perfectionism). Having to do things perfectly or doing them alone when help is available can lead to ineffective use of time.
• Not saying “no.” Distractions, parties, more work, and favors for others are among the things that can keep you from doing what you need to be doing.
• Personal disorganization. A messy desk, poor study skills, or not setting study schedule leads to wasting time and trying to get organized before getting anything done.
• Unrealistic time estimates. Underestimating the time it takes to write papers, read notes, study for tests, and do homework, leads to a serious backup as the school term progresses.
• Lack of self-discipline. This could be a result of lack of interest, poor health, or unclear goals.

How Can I Begin to Manage My Time Better?
This series of steps can help you gain control of your time:
• Make a list of what is important to you—your basic values. General categories may include things such as physical well-being, intellectual well-being, and fulfilling relationships. Be specific. There will probably be about ten to twenty values on your list. The list must be personal and reflect you.
• Write down long-term goals. Use the above list to provide you with ideas. For example, finish college, develop an exercise program, and establish a long-term relationship. Try to develop goals for many areas of your life—not just school or work. Remember, a goal is a dream with a deadline.
• Write down intermediate and short-term goals. These can consist of external demands such as studying for a test or writing a paper. They can also include activities to be accomplished in the near future, such as writing a resume, finding a summer job, or planning an exercise program. It is important that these short-term goals match the values and long-term goals you identified for yourself.
• Everyday should include ten minutes to half an hour of thinking about the goals and planning your day to work toward them. Goals without a plan will not work to improve your life. If your long-term goal is to graduate from college because you value intellectual stimulation or want a job that requires a degree, then studying for an exam becomes an activity that will help you work toward that goal. If one of your goals is to develop fulfilling relationships because you value intimacy in your life, then planning to spend time with friends or loved ones is an important thing to incorporate. In general, your daily activities should reflect who you are and help you get what you want out of life.
How Can I Get More Organized?

• Do unpleasant tasks first. Let’s face it; there are some things that are just no fun. Get them out of the way first. You will feel a sense of relief and accomplishment and can get down to other tasks you need to work on. It might help to reward yourself for accomplishing the unpleasant task.

• Become aware of your own body rhythms and work with these. If you work best in the morning, plan your day to allow yourself to be productive at this time.

• Protect your prime time. Do not schedule anything or allow distractions during time you have set aside.

• Learn to say “no”. Do not let timidity, fear of offending, or desire for approvals enslave you. “No” can be said in a polite, honest way and true friends will not be offended by honesty. I would love to go the party (drive you to the store, type your paper), but I have to study tonight. Could we get together tomorrow?

• Use a Mortarboard calendar or month-at-a-glance calendar. This allows you to get a big picture when planning things. It will give you an overview of when exams are scheduled, when papers are due, and when you have breaks.

• Make a daily plan. Time management experts cite the daily plan as the single most important tool to improve your life. During your planning session, review items on your list, and complete top priority tasks before lower priority items. Prioritize according to your own goals rather than someone else’s.

• Keep goals visible. They will motivate you.

• Keep deadlines visible. They will keep you on track.

• Set realistic time estimates. Most things actually take longer than people think.

• Ask yourself if the talk is really necessary. Many people waste time doing things they think they “should” be doing.

• Battle perfectionism. Adjust your standards to what is reasonable.

• Battle procrastination. Do it NOW. If a task seems overwhelming, break it down into smaller components and begin on the first step.

• Keep your work areas neat. Clean off your desk and keep it neat so it becomes a comfortable area to work.

• Live a balanced life. Having fun, relaxing, and enjoying life are important. Do not forget to plan for fun time as well as work-related tasks.

• Stay focused but flexible. The best planning goes awry sometimes. Best begin again the next day.

Thirty-Five Ways to Manage Your Time

1. Know your priorities
2. Set priorities
3. Learn to say, “NO!”
4. Keep meetings on the topic
5. Think through a job before starting
6. Be prepared for classes
7. Avoid unnecessary interruptions
8. Make a list of points to discuss before going to see a professor
9. Have an organized filing system
10. Begin meetings promptly
11. Finish one homework before beginning another
12. Listen carefully
13. Maintain a “TO DO” list
14. Realize when you are procrastinating and refocus your concentration
15. Discover your most creative time of day
16. Allow flexibility in your schedule for unexpected events
17. Set deadline for yourself
18. Anticipate disruptions; have a back-up plan
19. Study where you will not be disturbed
20. Don’t abuse the time of others
21. Be selective in TV viewing
22. Use specialists (counselors, professors, supervisors) to help with special problems
23. Reward yourself for completion of projects
24. Do not mistake activity for productivity
25. Teach yourself how to concentrate
26. Set aside quiet thinking time
27. Know thyself. Be aware of your strengths and limitations
28. Maintain a balance between your work and leisure activities
29. Avoid perfectionism
30. Combine tasks whenever possible
40. Take sufficient time to carefully weigh important decisions
41. Do not dwell on unimportant decisions
42. Periodically evaluate the usage of your time in relation to your life goals
43. Write down important events, ideas, dates in your calendar or notebook
44. Learn to laugh at yourself!
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Special Thanks to the Student Success Planner Team

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