

# News Release

South Seattle Community College

6000 16th Avenue, SW, Seattle, WA 98106-1499 • [www.southseattle.edu](http://www.southseattle.edu) • (206) 764-5300

FOR IMMEDIATE RELEASE

April 1, 2009

## **Women's Center Health & Wellness Fair**

*Free resources available at 3<sup>rd</sup> annual event.*

South Seattle Community College  
Jerry Brockey Student Center  
6000 16<sup>th</sup> Avenue, SW, Seattle, WA 98106-1499  
(206) 768-6801  
[SSCCWomensCenter@sccd.ctc.edu](mailto:SSCCWomensCenter@sccd.ctc.edu)

Thursday, April 23, 11 am – 2 pm

Students and members of the public are invited to this free community event hosted by South Seattle Community College's Women's Center and Campus Recreation. The event features workshops, demonstrations, and informational booths staffed by local healthcare providers, health promoting organizations, and campus departments.

Information will be presented on a number of topics including:

- Affordable dental and medical care
- Mental health
- Reproductive health
- Family planning
- Fitness
- Nutrition and healthy cuisine
- Healthy relationships

Families and children accompanied by an adult are welcome.

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For more information contact:  
Public Information Office, (206) 768-6873 / [coehler@sccd.ctc.edu](mailto:coehler@sccd.ctc.edu)