

# News Release

South Seattle Community College

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FOR IMMEDIATE RELEASE:

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## **Children: The Instruction Manual**

“Kids don’t come with an instruction manual!” It’s a standard joke, and South Seattle Community College is doing something about it. Our own APPLE Parenting program offers FREE parenting classes on campus and beyond (White Center and Tukwila). APPLE stands for “A Positive Parenting Learning Experience.” Classes are offered to parents with children from birth to age 8 who would like to find more ease and joy in parenting. Formats vary depending on age of child, time of day or evening, and location – parents can choose what fits best for them.

A new class will be offered on campus Tuesday evenings winter quarter (6:30 p.m. – 8:30 p.m., January 17-March 28). This class is for parents only and does not offer a children’s program. It is a free class open to current students and to members of the community. Pass the word to parents you know – South Seattle Community College offers support for the important job of parenting.

Call (206) 764-5801 for information or to register.

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For more information contact:

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