AHE135 - Home Care Aide

Document Type: District Master Course Outline
Proposal Type: New Course
Requester(s): Wendy J Price  John Bowers  Jennifer Butler
College: South
Origination Approved: 09/29/2014 - 9:02 AM

BASIC INFORMATION

Requester(s): Wendy J Price  John Bowers  Jennifer Butler
College: South Seattle College
Division/Dept: Professional Technical
Dean: Wendy J Price

COURSE INFORMATION

Proposed Course Number:
Prefix: AHE  Number: 135

☐ Request a new Prefix
☐ This will be a common course

Full Title: Home Care Aide
Abbreviated Title: Home Care Aide

Catalog Course Description:
This is a one quarter short term training course. The course runs as a cohort and covers 85 hours of learning and skills objectives mandated by WA State for Home Care Aides. Includes context-related basic skills, such as reading and study strategies, math, and oral communication. The course prepares students for success in passing the State of Washington Department of Health Home Care Aide examination, and is a step in continuing to Nursing Assistant Certified and health-related courses.

Course Length: 11 Weeks  ☐ Request an Exception

Topical Outline:
1. Basic Study Skills
   a. Reading for understanding
   b. Note taking
   c. Vocabulary and dictionary skills
   d. Organization of materials and time
   e. Learning styles
   f. The importance of support networks
   g. Computer literacy (e-mail, internet searching, evaluating online resources, basic report writing)

2. Clients’ Rights
a. Freedom of choice
b. Confidentiality
c. Right to make health care decisions, Advance directives
d. Long-term care ombudsman program
e. Abuse and neglect, Mandatory reporting, Restraints
f. Effective problem solving

3. The Caregiver

a. Basic job responsibilities
b. Providing Personal Care
c. Respecting privacy and independence, Honoring differences
d. Caregiver as part of the care team

4. Reporting

a. Introduction to Medical Vocabulary
b. Documenting observations, Reporting guidelines
c. Professional conduct and boundaries

5. Responding to situations and emergencies

a. Safety habits that prevent accidents
b. Handling emergencies

6. Infection Control

a. Infections and how they spread
b. Hand washing

   **SKILLS:** Hand washing, Putting on and Removing gloves

c. Cleaning and disinfecting
d. Immunizations
e. Observing and reporting infection
f. Standard precautions
g. Blood borne pathogens, HIV/AIDS

7. Mobility

a. Body mechanics
b. Transfers

   **SKILLS:** Transfers, Helping a client to walk

c. Falls and fall prevention

8. Communications

a. Managing communication
b. Body language
c. Making sure your message is understood, Active listening
d. Barriers to effective communication
e. Managing challenging communication—dementia and physical limitations

9. Skin and Body Care

a. Promoting healthy skin care
b. Pressure ulcers
c. Changing a client’s position
SKILL: Turn and reposition

d. Personal hygiene

SKILLS: Mouth Care, Clean and Store Dentures, Shave with Safety Razor, Fingernail Care, Foot Care, Bed Bath, Assist Client to Dress, Put Knee-High Stocking on Client
Passive Range of Motion

10. Nutrition and Food Handling
a. Nutrition basics
b. Assisting a client with meals

SKILL: Assisting a client to eat

c. Special diets
d. Dehydration
e. Food borne illness, Safe food handling
f. Food shopping, reading labels and managing money

11. Process of Elimination
a. Bowel and bladder function and problems
b. Assisting with toileting

SKILLS: Assist client with Pericare, Assist client with Bedpan, Catheter Care, Assist with condom catheter care

c. Calculating and documenting Intake and Output

12. Loss and grief
a. Stages of grief
b. Hospice or palliative care

13. Medications and other treatments
a. Self directed client care
b. Nurse delegation
c. Medication assistance and administration – Knowing the five “rights”

SKILL: Medication Assistance

14. Self care for the Care giver
a. Reducing stress, and setting limits
b. Finding positive outlets for emotions

15. Preparing for the future
   a. How to be successful with the State HCA examination
   b. Job search assistance in conjunction with WorkSource
   c. Recognizing current academic level and how to continue in school
d. Identify goals and resources for career advancement

COURSE CODING
Funding Source: 1....................State
Institutional Intent: 21.................Vocational Preparatory
This Course is a requirement for the following program(s):
(No Programs Selected)

☐ My Course Proposal is a requirement for a program not on this list

Will this course transfer to a 4-year university?  No

Is this course designed for Limited English Proficiency? Yes
Is this course designed for Academic Disadvantaged? Yes
Does this course have a Workplace Training component? No

CIP Code: 51.2602  ☐ Request Specific CIP Code
EPC Code: 339  ☐ Request Specific EPC Code

Credits:
Will this course be offered as Variable Credit? No

List Course Contact Hours
- Lecture (11 Contact Hours : 1 Credit)  99
- Lab (22 Contact Hours : 1 Credit)  126
- Clinical Work (33 Contact Hours : 1 Credit)  0
- Other (55 Contact Hours : 1 Credit)  0

Total Contact Hours  225
Total Credits  15

COLLEGE SUPPLEMENTAL

Proposed Quarter of Implementation: NA  ☑ Request Provisional Exception
Fall Quarter 2014

Class Capacity: 24

Note: The following questions are being asked in order to fulfill Seattle Colleges District VI and AFT Seattle, Local 1789 Agreement language:

Have you discussed the class cap for the course with your unit administrator and with other unit faculty that will be teaching the course?  ☑ Yes, discussion has been held.

Is the class cap number that you have indicated mutually agreed upon by unit faculty and unit administrators?  ☑ Yes, agreement has been reached.

Modes of Delivery: (Check all that apply)
- ☑ Fully On Campus  ☐ Fully Online
- ☑ Hybrid  ☐ Correspondence  ☐ Credit by Exam
Seminar

Class Schedule Description:
M,T,Th,Fri 8:00am - 2:00pm

Course Prerequisite(s):
Instructor approval required.

Course Corequisite(s):
none

AA Degree Outcomes: ( If Applicable )

Student Learning Outcomes:

**Communication**
Read and listen actively to learn and communicate

Speak and write effectively for academic and career purposes

**Computation**
Use arithmetic and other basic mathematical operations as required by program of study

Apply quantitative skills for academic and career purposes

**Human Relations**
Use social interactive skills to work in groups effectively

Have knowledge of the diverse cultures represented in our multicultural society

**Critical Thinking and Problem-Solving**
Think critically in evaluating information, solving problems, and making decisions

**Technology**
Select and use appropriate technological tools for academic and career tasks

**Personal Responsibility**
Uphold the highest standard of academic honesty and integrity

Respect the rights of others in the classroom, online and in all other school activities

Attend class regularly, complete assignments on time and effectively participate in classroom and online discussions, group work and other class-related projects and activities

Abide by appropriate safety rules in laboratories, shops and classroom
Information Literacy
Independently access, evaluate and select information from a variety of appropriate sources

Have knowledge about legal and ethical issues related to the use of information

Use information effectively and ethically for a specific purpose

Program Outcomes:
These Program Outcomes are from SSCC's Nursing Assistant Certified program.

1. Describe and utilize the nursing process in assessment, diagnosis, planning, implementing and evaluating the patient to meet the needs of the patient, family, in a variety of settings. (SLO 1, 2, 3, 4, 5, 7)
2. Apply the concepts of health and illness, and promote self-care concepts to maintain and restore the highest level of wellness of the patient/family throughout the life cycle; (SLO 1, 2, 3, 4, 7)
3. Provide safe, competent care for the patient/family, and communicate in a purposeful and facilitative manner with patient, family, and members of the health care team; (SLO 1, 2, 3, 4, 5, 6, 7)
4. Employ the appropriate actions regarding cultural, ethical, legal and professional nursing values for self and others; (SLO 3, 6)
5. Evaluate one's own capabilities and limitations, identify individual needs of continued growth is able to seek consultation from other nurses when appropriate. (SLO 3, 6)
6. Practice within the standards established by the profession, and identify the parameters of accountability. (SLO 2, 4, 5, 6, 7)
7. Can describe the dynamic aspects of health care delivery in America and the role of the NA-C in the health care delivery system. (SLO 4, 6)

Course Outcomes / Objectives:
1. Demonstrate ability to pass the Washington State Health Care Aide theory and skills examinations
   SLO 1.1, 1.2, 2.2, 3.1, 4.1, 5.1, 6.1, 6.4, 7.3
2. Perform all skills required for Health Care Aide safely and with effective communication, to an accuracy level of 80% and within the time allowed
   SLO 1.1, 1.2, 2.1, 2.2, 3.1, 3.2, 4.1, 6.1, 6.2, 6.3, 6.4, 7.3
3. Recall and apply knowledge of client rights, scope of practice, infection control, skin and body care, nutrition, process of elimination, medications, and loss and grief
   SLO 1.1, 1.2, 2.1, 2.2, 3.1, 3.2, 4.1, 5.1, 6.1, 6.2, 6.3, 6.4, 7.1, 7.2, 7.3
4. Write appropriate client chart notes applying knowledge of accepted professional vocabulary, format and proper use of objective and subjective information
   SLO 1.1, 1.2, 2.1, 2.2, 3.1, 4.1, 6.1, 6.2, 7.1, 7.2, 7.3
5. Use a computer to read and write e-mails, research and evaluate internet resources, and write a basic report
   SLO 1.1, 1.2, 3.1, 4.1, 5.1, 6.1, 6.2, 6.3, 6.4, 7.1, 7.2, 7.3
6. Use math effectively to manage client household shopping budget and other Health Care Aide responsibilities
   SLO 1.1, 1.2, 2.1, 2.2, 3.1, 3.2, 4.1, 6.1, 7.1
7. Prioritize and analyze client needs, prepare, organize and perform tasks appropriately
SLO 1.1, 1.2, 2.1, 2.2, 3.1, 3.2, 4.1, 6.1, 6.4, 7.1, 7.2, 7.3

8. Describe specific steps required to reach future goals (coursework and/or job search)
SLO 1.1, 1.2, 3.1, 3.2, 4.1, 5.1, 6.1, 6.3, 7.1, 7.2, 7.3

Explain the student demand for the course and potential enrollment:
There is a very large population of potential students, both native speakers and limited English proficient, who need both living wage employment in the short term and increased readiness for other health care courses in the long term. The job market for Home Care Aides is rapidly increasing.

Explain why this course is being created:
This will be the only health care IBEST option, and will be a bridge to other health care courses on our campus which have higher entry requirements. The Home Care Aide training is a relatively new requirement of Washington State Dept of Health. South will be the first Seattle college campus offering this required course.

What challenges, if any, do you foresee in offering this course:
There are challenges in connection with implementing Washington DSHS requirements, given that we are the first Seattle College campus to offer this course. We do, however, have positive support and assistance from DSHS.
This is to certify that the above criteria have all been met and all statements are accurate to the best of my knowledge.

Faculty involved in originating this program:

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<tr>
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<tbody>
<tr>
<td>Wendy J Price</td>
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<td>9/24/2014</td>
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<tr>
<td>John Bowers</td>
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<td>9/24/2014</td>
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<td>Jennifer Butler</td>
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<td>9/24/2014</td>
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Dean:

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<td>Wendy J Price</td>
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Executive Workforce Dean

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Results of SSCC Curriculum Coordinating Council Findings

Participating Faculty Response and Remarks

- [ ] Recommended for approval
- [ ] Not recommended for approval
- [X] This course did not go through Committee Review

Chairman, Curriculum Coordinating Council:

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Vice President for Instruction:

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<tr>
<td>Donna Miller-Parker</td>
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