Counselor Workshop Request Form

Counselors are faculty members who have knowledge and expertise in a variety of human development topics. Given lead time, counselors are available to conduct workshops and presentations to your classrooms.

Faculty who plan to attend workshops or conferences may find this resource particularly useful. Why not invite a counselor into your classroom instead of canceling your class or providing alternate assignments?

Please select from the following presentation options:

- Assertiveness
- Brain based learning/study habits
- Career, how to select
- Confidence (academic)
- Conflict resolution
- Critical thinking
- Degree options/explanation
  - AAS/AAS-T
  - AA
  - AS
- Economic value of education
- Educational plan process
- Emotion management
- Goal setting
- Learning styles
- Locus of control/mindsets
- Major, how to select
- Math success, how to achieve (math phobia/anxiety)
- Note taking
- Personal responsibility
- Stress management
- Test taking strategies
- Time management
- Values exploration

Faculty name _____________________________  Campus phone _____________________
Course __________________________________  Class size __________________________
Time class meets __________________________  Room location _____________________
Date(s) requested __________________________________________________________________

I understand that primary hours of availability are between 8am and 4pm, Monday-Friday. Early morning, evening, and weekend options may be available, but not guaranteed.

Submission of this request form does not guarantee counselor availability for date/time requested. A counselor will contact you within 2-3 business days of receipt of your request.