

# News Release

South Seattle Community College

6000 16th Avenue, SW, Seattle, WA 98106-1499 • [www.southseattle.edu](http://www.southseattle.edu) • (206) 764-5300

FOR IMMEDIATE RELEASE

December 9, 2009

## **4<sup>th</sup> Annual Health & Wellness Fair**

Wednesday, January 13, 2010 – 11 am-2 pm

South Seattle Community College

Jerry Brockey Student Center

6000 16<sup>th</sup> Avenue, SW, Seattle, WA 98106-1499

Phone: (206) 768-6801

Email: [ssccwomenscenter@sccd.ctc.edu](mailto:ssccwomenscenter@sccd.ctc.edu)

Website: <http://www.southseattle.edu/resources/diverse.htm>

Students and members of the public are invited to this free community event hosted by South Seattle Community College's Women's Center.

Information will be presented on a number of topics including:

- Affordable dental and medical care
- Yoga
- Acupuncture
- Eating disorders
- Cancer
- Mental health
- Reproductive health
- Family planning
- Fitness
- Nutrition and healthy cuisine
- And more!

Free wellness tests and exams will be offered, including Pap, Clinical Breast Exam and HIV. Advance sign up is required. For more information, please contact the Women's Center at (206) 768-6801

Families and children accompanied by an adult are welcome.

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For more information contact:  
(206) 768-6873 / [coehler@sccd.ctc.edu](mailto:coehler@sccd.ctc.edu)