## Counselor Workshop Request Form

Counselors are faculty members who have knowledge and expertise in a variety of human development topics. Given lead time, counselors are available to conduct workshops and presentations to your classrooms.

Faculty who plan to attend workshops or conferences may find this resource particularly useful. Why not invite a counselor into your classroom instead of canceling your class or providing alternate assignments?

Please select from the following presentation option	s:
Assertiveness	
Brain based learning/study habits	
Career, how to select	
Confidence (academic)	
Conflict resolution	
Critical thinking	
Degree options/explanation	
AAS/AAS-T	
AA	
AS	
Economic value of education	
Educational plan process	
Emotion management	
Goal setting	
Learning styles	
Locus of control/mindsets	
Major, how to select	
Math success, how to achieve (math phobia/anxiety)	
Note taking	
Personal responsibility	
Stress management	
Test taking strategies	
Time management	
Values exploration	
Faculty name	Campus phone
Course	Class size
Time class meets	Room location
Date(s) requested	
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I understand that primary hours of availability are between 8am and 4pm, Monday-Friday. Early morning, evening, and weekend options may be available, but not guaranteed.

Submission of this request form does not guarantee counselor availability for date/time requested. A counselor will contact you within 2-3 business days of receipt of your request.